

# Rezept des Monats: Der Beef-Burger

Rezept des Monats - Beefburger



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6i f[Yf'gWa YW\_Yb']a a Yf' '[Ubn'VYgcbXYfg'Zf]gW'j ca '; f]``" <cW.k Yfh][Y'Ni hUhYb'i bX'\_fYUh]j Y'J Uf]Uh]cbYb'a UWXYb'XYb Ua Yf]\_Ub]gWXYb'?`Ugg]\_Yf'ni 'Y]bYa 'VY`]YVhYb'8Ui YfVfYbbYf"'8]Y?ca dcbYbhYb'\_cbbYb'bUWX'6Y`]YVYb'j Uf]]Yfh'k YfXYb.'cV'a ]h?UgYž'GdYW\_ž'Hca UhYž'GU`Uh'cXYf'Nk]YVY` 'Yf`Ui Vh']ghž'k UggWa YW\_h"

# $8]dgZiffbcWkaYkfJ]Y^ZU^h$

 $: i f'5Vk YW \ g'i b [ \ 'gcf[ Yb'Ui \ W \ '\_cgh']W \ Y'GUi \ W \ b' \ 'j \ cb'k \ i \ fn][ \ !$ 

hca Uh][ 'i VYf'fUi W\ ][ !gi  $\gg$  'V]g'\]b'ni 'Zfi W\ h][ !gW\ UfZ'V]YhYb'8 ]dg']b i bhYfgW\ ]YX`]W\ Yb'; YgW\ a U\ U\ gf]W\ hi b[ Yb'j ]Y`ZU`h][ Y A c[ `]W\ \_Y]hYb'Z f'Y]bYb'gUZh][ Yb'6i f[ Yf!; Ybi gg"

## A UhYf]U`

(\$\z\\$\\_['F]\bXYfgW\i`hYf\z'(')'a a '', \z\\$\\_['F]\bXYf\i ZhY\z'(')'a a ', \z\\$\\_['F]\bXYfZYhh\z'(')'a a '\\$\z\\$\\_['Nk]YVY\\z'(')'a a '\\$\z\\$\\_['K UggYf\g\]g

#### Ni hUhYb

, ž\$\$`[`A YUhghUV`5%\$ž`5fh"!Bf".`&),)', `%, ž\$\$`[`:`Y]gW\`K i fni b[ I b]j YfgU`ž`5fh"!Bf".`&%\$-)' &ž\$\$`[`; Yfa YI`:`Uj ci f`5fh"!Bf".`%, &&+\$`%%ž\$\$`[`GU`n

### 8]d!GUi Wb fhi f K U\`Ł

66E '8 -Dž'5fh"!Bf". '&' ) (\$\$ 6i f[ Yf/ 'GUbXk ]WX 'GUi WYž'5fh"!Bf". '&&() && 'Ga c\_YX'<cbYm'66E GUi WYž'5fh"!Bf". '&%, ) \* & 'Gd]Wm/ '7\]`]`K i fngUi WYž'5fh"!Bf". &, ) ' - '

## JYfUfVY]hi b[

"A YUhghUV 5%\$ž"; Yfa YI ": `Uj ci fž": `Y]gW\ K i fni b[ 'I b]j YfgU``i bX GU`n'a ]h'K UggYf#9]g'j Yfa ]gW\Yb
"Ni gUa a Yb'a ]h'XYa "F]bXZY]gW\ž'XYa "F]bXYfZYhh'i bX'XYb
Nk ]YVY`b'Zi f'%\$ %&'A ]bi hYb'VY]'%\$ %&'i da 'hi a VY`b
"Ni '6i f[ YfdUhhmg'Ui gZcfa Yb

## Ni VYfY]hi b[

'6i f[YfdUhhmg'jcb'VY]XYb'GY]hYb'['Y]WXa U»]['UbVfUhYb'cXYf[f]``Yb

'5i Z'6i f[ YfVi bg'a ]h'GU`Uhž'Hca UhYbgW\Y]VYbž'? UgYž Ub[ YVfUhYbYa '6UWcb'i bX'; i f\_YbgW\Y]VYb'Ubf]W\hYb" "66E '8 Đž'6i f[Yf'/ 'GUbXk]W\'GUi W\'cXYf'Ga c\_YX'<cbYm
66E 'GUi W\'U`g'Hcdd]b['j Yfk YbXYb"

K Ybb'Yg'd]\_Ubh'gY]b'gc``ž'\_Ubb'ni gUhn`]W\'X]Y'Gd]Wm'/ '7\]`]
K i fngUi W\'j Yfk YbXYh'k YfXYb"</pre>

6Ygi WXYb G]Y i bg Ui Z. Z`Y]gWXi bXWc "Uh