

Schinken mit Biss - ganz ohne Fleisch

Studierende der Stuttgarter Universität Hohenheim entwickelten einen herzhaften, veganen Kochschinken.



So sieht das fertige Produkt aus: ein bissfester Kochschinken auf rein pflanzlicher Basis. © Universität Hohenheim / Schmid

@YVYbga]hhY`Zc fgW i b[. 'GW]b_Yb`c\ bY
: `Y]gW

⇒ : UW [YV]Yh`Zøf` @YVYbga]hhY`a UhYf]U`k]ggYbgW UZhYb`XYf`
I b]`<c\Yb\Y]a '[Y\hYg`bUW`k]Y`j cf`i a`X]Y`gdf]W`k Øfh]W`Y
K i fgh`GY`V][Yg: UW [YV]Yh`\Y»`i b`Àb[gh`U`YfX]b[g`bcW
: `Y]gW hYW`bc`c[]Y`i bX`bUW`k]Y`j cf`XYa`cbghf]Yfh`Y]b
A Yhn[Yfa`Y]ghYf`Y]b`A U`]a`J\`f`\Yf`XUg`ZUW [YfYW`hY`NYf`Y[Yb
Y]bYg`GW`k Y]bYg`Zøf`X]Y`Ghi`X]YfYbXYb`8cW`XYf`GW`k Yfdi`b_h
XYf: cfgW`i b[`\Uh`g]W`]bnk]gW`Yb`a`Yf`_]W`j Yf`U[Yfh`Gc`gi`W`Yb
\Yf`↑ b[Y: cfgW`YbXY`XYg`6UW`Y`cf!Ghi`X]Yb[Ub[g
@YVYbga]hhY`k]ggYbgW UZh`i bX`6]chYW`bc`c[]Y`bUW`XYb

I fgUWXYb`k Ufi a `VYgh]a a hY`j Y[UbY`K i fghgcfhYb`[YgWxa UW_]Wx
bA\Yf`Ub`XUg`h]Yf]gWXY`Cf][`]bU``\YfUb_ca a Yb`U`g`UbXYfY""I bX
gi WXYb`[`Y]WxnY]h][`Ui Wx`bUWx`]bbcj Uh]j Yb`@Øgi b[Yb`i a
`YW_YfYg`K i fghnYi [`i bX`gWxa UW_\UZhYb`5i ZgWxb]hh[Ubnc`bY
H]Yf`Y]X`\Yfni ghY``Yb"

J]Yf`Zc fgWx Yb`Ub`dZ`Ubnc`]Wx Yb`5`hYfbUh]j Yb

GYVUgh]Ub`A Ubbk Y]`Yfž`8ca]b]WCddYbž`A Ui f]Wx`? Øb][`i bX
H\YfYgU`GWYi YfYf`dfca cj]YfYb`]b`<c`Yb`Y]a`Ua`@Y`fghi`
ZØf`@YVYbga]hhY`a UhYf]U`k]ggYbgWx UZhYb`i bX`\UVYb`]b
]\fYa`Dfc`Y_hgYa]bUf`<Ua`k]h\ci`h`c]b_`Y]bYb`j Y[UbYb
GWx]b_Yb`a]h`XYa`f]Wxh][Yb`A i bX!`i bX`?Ui [YZØ`\`Yb`hk]W_Y`h": Øf
gc`a UbWXY`h]Yf]gWXY`DfcXi`_hY`k]Y`UgWx]YfhYg`cXYf`6fØ\k ØfghY
[]Vh`Yg`VYfY]hg`Y]b][`Y`ØVYfnYi [YbXYž`dZ`Ubnc`]WxYf`5`hYfbUh]j Yb
Ui ZXYa`A Uf_h`8cWx`\ÅfhYfY`K i fghgcfhYbž`k]Y`?cWxgWx]b_Yb
cXYf`GU`Ua]ž`ghY``Yb`]a a Yf`bcWx`Y]bY`[fc»Y`<YfUi gZcfXYfi b[
XUf``8Ug`f]Wxh][`Y`ZY]gWx][`Y`Y`YZØ`\`VY]a`?Ui Yb`Yb`hghY`h`h`Yf
Xi fWx`X]Y`_ca d`YI Y`HYI hi f`XYf`A i g_Y`ZUgYfb`X]Y`[Uf`b]Wxh`Y]Wxh
ni`]a]h]YfYb`g]bX"

J Y[UbYf`? cWx gWx]b_Yb`a]h`? fi ghY` `ZUgh`k]Y
XUg`Cf][`]bU`

I bX`XcWx`gWXY]bh`Yg`[YgWxUZh`XYb`: cfgWxYbXYb`[`Y`Ub[`Y]b
j Y[UbYb`?cWxgWx]b_Yb`a]h`F`Åi WxYf_fi ghYž`XYf`ZYghž`UVYf
[`Y]WxnY]h][`Ui Wx`Y`Ugh]gWx`i bX`gUZh][`]gh`i bX`VY]a`?Ui Yb
VY]bU`Y`XYa`Cf][`]bU`[`Y]Wxh`8Ug`; Y`Y]a`b]g`XYf
ZY]gWx`Å`b`]WxYb`Ghfi`_hi`f`]Y[`h]b`XYf`J Yfk YbXi b[`j`cb`XYa
K Y]nYbdfchY]b`; `i hYb`ni a`6]bXYb`XYg`Yb`h`U`hYbYb
K UggYf[Y`U`hYg``Gc`UggYb`g]Wx`X]Y`Ub[`_Yhh][Yb`9]k Y]»a`c`Y`Ø`Y
Xi fWx`XUg`Y]bZUWXY`8Y`bYb`XYf`; fi bXa UggY`]b`Y]bY
[`Y]WxZØfa][`Yž`a i g_Y`ZUgYf`Å`b`]WxY`5i gf]Wxhi b[`Vf]b[Yb``Gc
Yb`hghY`h`XUbb`X]Y`[Yk ØbgWx`hY`ZYghY`i bX`ZUgYf][`Y`Ghfi`_hi`fž`X]Y
]a`A i bX`Ub`XYb`6]gg`]b`Y]b`: `Y]gWx`Yf]bbYfh""I a`XYbb`X]Y`j Y[UbY
GWx]b_Yba UggY`bcWx`a Y`f`ni`j YfZYgh][Ybž`k i fXY`X]YgY`a]h`XYa
9bnma`HfUbg[`i hUa]bUgY`VY`UbXY`hž`k Y`WxYg`Y]bY`VYggYfY

E i Yfj YfbYhni b['XYf'DfchY]bY'VYk]f_h''9VbYgc`k i fXYb`X]Y
Ni hUhYb`]b`Y]b`cdh]a U`Yg`J Yf\À`hb]g[YVfUW`h'i bX`X]Y`f]W`h][Y
K ØfnY`i bX`bUhØf`]W`Y': UfV[YVi b['hUhYb`]\f', Vf][Yg''Ni `Yhnh
k i fXY`XUg`DfcXi _h`bcW`[YfÀi W`Yfh'i a `X]Y`YW_YfY`?fi ghY`ni
YfnYi [Yb`i bX`X]Y`<U`hVUf_Y]hni `j Yf`Àb[Yfb"

; YgW`a UW_ghYgh`]b`XYf`A YbgU

C V`XYf`j Y[UbY`?cW`gW`]b_Yb`XYb`U``[Ya`Y]bYb`; YgW`a UW_ghYgh
VYghY`h'i bX`gW`cb`gY]bY`A Uf_fY]ZY`\Uhž`k i fXY`j cb
?ca`a`]hcb.]bbYbž`Y]b[Y`UXYbYb`A Yhn[Yfa`Y]ghYf.]bbYb`i bX
J YfhfYhYf.]bbYb`XYf`DfYggY`Ua`'%"`A U]`&\$&'`VY]`Y]bYf
J Yf_cghi b[gU_h]cb`]b`XYf`<c\Yb\Y]a Yf`A YbgU[YdfØZh`K`]Y`a Ub
\Øfhž`gc``X]Y`5_h]cb`Y]b`j c``Yf`9fZc`[`[Yk YgYb`gY]b``5`gc`_ØbbhY
]b`bU\Yf`Ni _i bZhž`bYVYb`XYa`' YW`hYb`GW`]b_Yb`Ui`g':`Y]gW`
Ui W`Y]bY`YVYbgc`gW`a UW_\UZhYž`dZUb`n`]W`Y`GW`]b_Yb!
5`hYfbUh]j Y`VY]a`A Yhn[Yf`XYg`J YfhfUi Ybg`ni`YfghY`Yb`gY]b"

6Ygi W`Yb`G]Y`i bg`Ui Z.`Z`Y]gW`i bXW`"Uh