

Schinken mit Biss - ganz ohne Fleisch

Studierende der Stuttgarter Universität Hohenheim entwickelten einen herzhaften, veganen Kochschinken.



So sieht das fertige Produkt aus: ein bissfester Kochschinken auf rein pflanzlicher Basis. © Universita?t Hohenheim / Schmid

@VVYbga]hhY`ZcfgW i b[.`GW]b_Yb`c\ bY
: `Y]gW

=a` : UW [YV]Yh`Zf` @VVYbga]hhY`a UhYf]U`k]ggYbgW UZhYb`XYf`
I b]<c\Yb\Y]a`[Y\h`Yg`bUW`k]Y`j cf`i a`X]Y`gdf]W k`f]W Y
K`i fgh`GY`V][Yg` : UW [YV]Yh`\]Y»`i b`Ab[gh`U`YfX]b[g`bcW
: `Y]gW hYWb c`c[]Y`i bX`bUW`k]Y`j cf`XYa`cbghf]Yf`Y]b
A`Yh[Yfa`Y]ghYf`Y]b`A`U`][a`U`f`]Yf`XUg`ZUW [YfYW hY`NYf`Y[Yb
Y]bYg`GW k`Y]bYg`Zf`X]Y`Ghi`X]Yf`Yb`XYb`8cW`XYf`GW k`Yfdi`b_h
XYf`cfgW i`b[`U`h`g]W`]b`nk`]gW`Yb`a`Yf`]W`j`Yf`U`Yf`Gc`gi`W`Yb
`]Yf`1`b[Y`cfgW`Yb`XY`XYg`6UW`Y`cf`Ghi`X]Yb[Ub[g
@VVYbga]hhY`k`]ggYbgW UZh`i`bX`6`chYW`bc`c[]Y`bUW`XYb

I fgUW\Yb\k Ufi a 'VYgh]a a hY\j Y[UbY\K i fghgcfhYb\ [YgW\ a UW_]W\ b\A\Yf\Ub\XUg\h]Yf]gW\Y\ C f][]bU\`YfUb_ca a Yb\U\g\UbXYfY\`I bX gi W\Yb\ [`Y]W\ nY]h][`Ui W\ bUW\]bbcj Uh]j Yb\@Ogi b[Yb\i a 'YW_YfYg\K i fghnYi [`i bX\gW\ a UW_UZhYb\5i ZgW\ b]hh\ [Ubn\c\ bY H]Yf\Y]X\`Yfni ghY\`Yb"

J]Yf\Zc f gW\Yb\Ub\`dZ\Ub n\]W\Yb\5\hYfbUh]j Yb

GYVUgh]Ub\A Ubbk Y]Yf\`8ca]b]WC ddYb\`A Ui f]W\`?Ob][`i bX H\YfYgU\GW\Yi YfYf\dfca cj]YfYb\`b\<c\Yb\Y]a\`Ua\`@Y\ fghi\` Z\`f\`@Y\Ybga\`jh\`a\`UhYf]U\`k\`ggYb\`gW\UZhYb\`i bX\`UVYb\`]b\`fYa\`Dfc\`Y\`hgYa\`bUf\`<Ua\`k\`jh\`ci\`h\`c]b\`Y]bYb\`j Y[UbYb\`G\`b\`Yb\`a\`jh\`XYa\`f]W\h][Yb\`A\`i bX\`i bX\`?Ui\`YZ\`Yb\`h\`]W\Y\`h\`:\`O\`gc\`a\`UbW\Y\`h\`Yf]gW\Y\`Dfc\`Xi\`hY\`k\`]Y\`UgW\]Yf\`Yg\`c\`XYf\`6f\`k\`O\`fghY\`]Vh\`Yg\`VYfY]hg\`Y]b][Y\`O\`VYfnYi\`Yb\`XY\`dZ\Ub n\]W\Yf\`5\hYfbUh]j Yb\`Ui\`Z\`XYa\`A\`Uf\`h\`8cW\`A\`f\`ghY\`Yb\`]a\`a\`Yf\`bcW\`Y]bY\`[fc\`Y\`<YfUi\`gZc f\`XYf\`b[XUf\`8Ug\`f]W\h][Y\`Z\`Y]gW\][Y\`Y\`Y]a\`?Ui\`Yb\`Yb\`h\`h\`Y]f\`Xi\`fW\`X\`Y\`ca\`d\`Y\`Y\`HYI\`hi\`f\`XYf\`A\`i\`g\`Y\`ZUgYfb\`X\`Y\`[Uf\`b]W\h\`Y]W\h\`ni\`]a\`jh\`YfYb\`g]bX\`

J Y[UbYf\`?cW\gW\]b\`Yb\`a\`jh\`?fi\`ghY\`ZUgh\`k\`]Y\`XUg\`C f][]bU\`

I bX\`XcW\`gW\Y]b\`Yg\`[YgW\UZh\`XYb\`:\`cfgW\Yb\`XYb\`[Y\`Ub\`Y]b\`j Y[UbYb\`?cW\gW\]b\`Yb\`a\`jh\`F\`A\`i\`W\`Yf\`fi\`ghY\`Z\`Yg\`UVYf\`[`Y]W\`nY]h][`Ui\`W\`Y\`Ugh]gW\`i\`bX\`gUZh\`[`]gh\`i\`bX\`VY]a\`?Ui\`Yb\`VY]bU\`Y\`XYa\`C f][]bU\`[`Y]W\h\`8Ug\`Y\`Y]a\`b]g\`XYf\`ZY]gW\`A\`b\`]W\`Yb\`Ghfi\`_hi\`f\`Y]b\`XYf\`J\`Yfk\`Yb\`Xi\`b[`j\`cb\`XYa\`K\`Y]nYb\`dfchY]b\`:\`i\`hYb\`ni\`a\`6]b\`XYb\`XYg\`Yb\`h\`U\`hYb\`Yb\`K\`UggYf\`Y\`U\`hYg\`Gc\`UggYb\`g]W\`X\`Y\`Ub\`_Yh\`h\`[Yb\`9]k\`Y\`a\`c\`Y\`O\`Y\`Xi\`fW\`XUg\`Y]b\`ZUW\Y\`8Y\`bYb\`XYf\`:\`fi\`bXa\`UggY\`b\`Y]bY\`[`Y]W\`Z\`O\`fa\`[Y\`z\`a\`i\`g\`Y\`ZUgYf\`A\`b\`]W\`Y\`5i\`gf]W\`h\`i\`b[`Vf]b[Yb\`Gc\`Yb\`h\`h\`XUbb\`X\`Y\`[Yk\`O\`bgW\`h\`Y\`Z\`Yg\`Y\`i\`bX\`ZUgYf\`[Y\`Ghfi\`_hi\`f\`X\`Y\`ja\`A\`i\`bX\`Ub\`XYb\`6]gg\`b\`Y]b\`:\`Y]gW\`Yf\`bbYf\`I\`a\`XYbb\`X\`Y\`j\`Y[UbY\`G\`b\`Yba\`UggY\`bcW\`a\`Y\`f\`ni\`j\`Yf\`Z\`Yg\`h\`[Yb\`k\`i\`f\`XY\`X\`Yg\`Y\`a\`jh\`XYa\`9bnma\`HfUbg\`i\`h\`Ua\`b\`UgY\`VY\`Ub\`XY\`h\`k\`Y\`W\`Yg\`Y\`b\`Y\`VYggYf\`Y\`

E i Yfj YfbYhni b['XYf'DfchY]bY'VYk]f_h"·9VbYgc 'k i fXYb 'X]Y
Ni hUhYb]b 'Y]b 'cdh]a U`Yg'J Yf\À`hb]g' [YVfUW h'i bX 'X]Y 'f]W h][Y
K ØfnY 'i bX 'bUhØf]W Y': UfV[YVi b['hUhYb ']\f' , Vf][Yg"·Ni 'Yhnh
k i fXY 'XUg'DfcXi _hbcW [YfÀi W Yfh'i a 'X]Y ``YW_YfY '·?fi ghY 'ni
YfnYi [Yb 'i bX 'X]Y <U`hVUf_Y]h'ni 'j Yf`Àb[Yfb"

; YgW a UW_ghYgh']b 'XYf 'A YbgU

CV 'XYf 'j Y[UbY '·?cW gW]b _Yb 'XYb 'U ``[Ya Y]b Yb ' ; YgW a UW_ghYgh
VYghY \h'i bX 'gW cb 'gY]b Y 'A Uf_fY]ZY ' \Uhž'k i fXY 'j cb
?ca a]]hcb.]bbYbžY]b[Y'UXYbYb 'A Yhn[Yfa Y]ghYf.]bbYb 'i bX
J YfhfYhYf.]bbYb 'XYf 'DfYggY 'Ua '·%+''A U]·&\$' 'VY] 'Y]b Yf
J Yf_cghi b[gU_h]cb ']b 'XYf ' <c\Yb\Y]a Yf 'A YbgU [YdfØZh' 'K]Y 'a Ub
\Øfhž'gc ``'X]Y '5_h]cb 'Y]b 'j c ``Yf '9fZc ' [' [Yk YgYb 'gY]b "·5`gc '_ØbbhY
]b 'bU\Yf 'Ni _i bZhž'bYVYb 'XYa ' YW hYb 'GW]b _Yb 'Ui g' ; 'Y]gW
Ui W 'Y]b Y 'VYb gc 'gW a UW \UZhYž'dZUbn`]W Y 'GW]b _Yb!
5`hYfbUh]j Y 'VY]a 'A Yhn[Yf 'XYg'J YfhfUi Ybg'ni 'YfghY \Yb 'gY]b "

6Ygi W Yb 'G]Y 'i bg 'Ui Z 'Z Y]gW i bX W "Uh