

Mehlwürmer sind als Lebensmittel zugelassen

Die Europäische Behörde für Lebensmittelsicherheit (EFSA) erklärt
Mehlwürmer als für den menschlichen Verzehr geeignet.



...

8 Ug'j cf'Ài Z[Y'9]bj YfghÀbXb]g'XYf'9: G5]gh'Y]b' [fc» Yf'GW f]hh
bUW'j cf'b'ZØf'X]Y'6fUbW'Y''9g'k]fX'j cfUi gg]W'h]W'XYb'K Y['ZØf
_ØbZh][Y'Ni 'Uggi b[Yb'YVbYbž']bgVYgcbXYfY'ZØf'XYb
a YbgW'W'Yb'J YfnY\ f'j cb'YbhZYhhYhYa 'bgY_hYbdfchY]b''8]YgYg
ghY'h'k Yfh'i bX'a Yb[Yba À»]['XUg' fØ» hY'A Uf_hgY[a Ybh'ZØf
a YbgW'W'Y'BU\fi b[ga]hhY''XUf' '']bgVYgcbXYfY']b'XYf'Gdcfh!
i bX'; Ygi bX\Y]hgYfbÀ\fi b["

K YfVi b[

..

B UW\`XYf`J cfUfVY]h`Y]bYf`ZfUbnOg]gW\Yb`ni f`~~D~~= : [Y\ÖfYbXYb
@VYbga]hhY`!5fVY]hg[fi ddY`i bX`XYfYb`A]h[`]YXYfb`[UV`X]Y
9i fcdÄ]gW\Y`6Y\ÖfXY`ZØf`@VYbga]hhY`g]W\Yf\Y]hf9: G5Ł`Ua`%`"
×bi Uf`&\$&%`Y]bY`dcg]hj Y`G]W\Yf\Y]hgVYk Yfhi b[`j cb
A Y\`k Øfa`Yfb`ZØf`X]Y`a`YbgW\`W\Y`9fbÄ\fi b[`VY`Ubbh`8]Y`9: G5
_Ua`ni`XYa`GW\`i ggž`XUgg`X]YgYg`DfcXi`_h`bUW\`XYb`j cb`XYf
9i fcdÄ]gW\Yb`l b]cb`[YZcfXYfhYb`J YfZU\fYb`ZØf`bYi Ufh][Y
@VYbga]hhY`f9I`!J YfcfXbi b[`&\$%) #&&, `Ł`g]W\Yf`ZØf`XYb
a`YbgW\`W\Yb`J YfnY\`f`]gh`8]YgY`dcg]hj Y`9bhgW\Y]Xi b[`a`i gg
bcW\`j cb`XYf`; YbYfU`X]fY`_h]cb`; Ygi bX\Y]h`XYf`9i fcdÄ]gW\Yb
?ca`a`]gg]cb`VYghÄh][h`k YfXYbž`X]Y`XUbb`X]Y`YbX[Ø`h][Y
; YbY\`a`][i b[`ZØf`X]Y`A Uf`_hni`Uggi b[`]b`XYf`9i fcdÄ]gW\Yb`l b]cb
YfhY]`h`

9ggVUfY`÷bgY_hYb

..

9fa`c`Ucg`J Yfj Yf]gž`7\Ya`_]Yf`i bX`@VYbga]hhY`k`]ggYbgW\UZh`Yf
VY]`XYf`9: G5ž`_ccfX]b]YfhY`XUg`YfghY`Ub[Ybca`a`YbY`; i`hUW\hYb
ni`÷bgY_hYb`U`g`bYi Ufh][Yg`@VYbga]hhY``9f`Yf`_ÄfhY.`÷bgY_hYb
g]bX`_ca`d`YI`Y`C`f[Ub]ga`Ybž`k`Ug`X]Y`7\UfU_hYf]g]Yfi b[`XYf
Ni`gUa`a`YbgYhni b[`j cb`Ui`g`÷bgY_hYb`[Yk`cbbYbYb`@VYbga]hhY`b
ni`Y]bYf`<YfUi`gZcfXYfi b[`a`UW`h`9bhgW\Y]XYbX`]gh`XUg
J YfghÄbXb]g`]fYf`A`_]fcV]c`c[]Yž`k`Ybb`a`Ub`VYXYb`_hž`XUgg`XUg
[Ubni`÷bgY_hj`YfnY\fh`k`]fX`

J YfgW\]YXYbY`Ui`g`÷bgY_hYb`[Yk`cbbYbYb`@VYbga]hhY`k`YfXYb
\Äi`Z][`U`g`DfchY]bei`Y`Y`ZØf`X]Y`9fbÄ\fi b[`VYk`cfVYb`

Ni`VYfY]hi b[Yb`Ui`g`÷bgY_hYb`_ÖbbYb`Y]bYb`\c\Yb`DfchY]b[Y\U`h
Ui`Z`Y]gYbž`cV`k`c\`XYf`hUhgÄW\`W\Y`DfchY]b[Y\U`h`ØVYfgW\Ähnh
k`YfXYb`_Ubbž`k`Ybb`XYf`Ghc`ZZ`7\]h]bž`Y]b`k`YgYbh`]W\Yf`6YghUbXhY]`
XYg`9I`cg`_Y`Yhhg`j cb`÷bgY_hYbž`Ybh\U`hYb`]gh`8U`j`J`Y`
@VYbga]hhY`U`Yf[]Yb`a`]h`DfchY]bYb`]b`J`YfV]bXi b[`ghY\Ybž`

dfØZYb`k]f`j cf`U`Ya ž`cV`XYf`J YfnY`f`j cb`đgY_hYb`U`Yf[]gWXY
F YU_h]cbYb`Ui g`ÒgYb`_ÒbbhY`"8]YgY`_ÒbbYb`Xi fW`X]Y
9a dZ]bX`]W`_Y]h`Y]bYf`DYfgcb`[Y[YbØVYf`đgY_hYbdfchY]bYbž`Y]bY
?fYi nfYU_h]cb`a]h`UbXYfYb`5`Yf[YbYb`cXYf`Xi fW`F YghU`Yf[YbY
Ui g`đgY_hYbZ`hhYfa]hhY`bž`n`"6"; `i hYbž`j Yfi fgUW`h`k YfXYb"

9g`]gh`Y]bY`Ubgdfi W`gj c`Y`5i Z[UVYž`k Y]`X]Y`E`i U`]h`h`i bX`X]Y
J YfZØ[VUf`_Y]h`XYf`8UhYb`j Uf]]YfYb`i bX`Yg`Y]bY`[fc»Y`J]Y`ZU`h`j cb
đgY_hYbUfhYb`[]Vh"

..

9]bY`< YfUi gZcfXYfi b[

..

8f`"<Y`Y`?bi hgYbž`A c`Y`_i`_UfV]c`c[]b`i bX`Hcl]_c`c[]bž`]gh
A]h[`]YX`XYg`9: G5!9l dYfhYb[fYa]i a g`ZØf`9fb`Ä`fi b[`i bX
J cfg]hnYbXY`XYf`9: G5!5fVY]hg[fi ddY`ZØf`bYi Ufh][Y`@YVYbga]hhY`
G]Y`Yf`_`ÄfhY.` 8]Y`5bhf`Ä[Y`Ui ZNi`_Uggi b[`bYi Ufh][Yf`@YVYbga]hhY`
g]bX`gc`j]Y`Z`h][ž`XUgg`k]f`ZØf`X]Y`6Yk Yfhi b[`Y]b`VfY]hYg
GdY_hfi a`_Ub`k]ggYbgW`UZh`]W`Ya` : UW`k]ggYb`VYb`Øh][Yb.
Hcl]_c`c[]Yž`7`Y`a]Y`i bX`A]_fcV]c`c[]Yž`i a`_bi`f`Y]b][Y`ni
bYbbYb`"8]Y`Ni gUa`a YbgYhni b[`XYf`5fVY]hg[fi ddY`gd]Y[Y`h`X]Yg
k]XYfž`i bX`[Ya`Y]bgUa`_V`XYb`i bgYfY`K]ggYbgW`UZh`Yf`Y]bY
YfZU`fYb`Y`a`i`h]X]gn]d`]b`ÄfY`; fi ddY`"8]Y`nU`fY]W`Yb`5bhf`Ä[Y
ZØ`fYb`ni`Y]bYf`Yf`YV`]W`Yb`5fVY]hgVY`Ughi b[ž`i bX`X]Y` : f]gh`ZØf
X]Y`6Yk Yfhi b[`]gh`V]gk`Y]Yb`_bUddž`]bgVYgcbXYfY`k Ybb`]b`XYb
5bhf`Ä[Yb`k YgYbh`]W`Y`k]ggYbgW`UZh`]W`Y`8UhYb`ZY`Yb`5`YfX]b[g
]gh`X]Y`Ni gUa`a YbUfVY]h`nk]gW`Yb`XYb`9l dYfhYb`a`ch]j]YfYbXž
i bX`Yg`ZfYi h`i bg`XUgg`k]f`XUni`_VY]hfU[Ybž`XUgg`i bgYfY
@YVYbga]hhY`g]W`Yf`V`Y]VYb"

Ni gÄhn`]W`_ni f`6Yk Yfhi b[`XYf
k]ggYbgW`UZh`]W`Yb`F]g]_Yb

..

8]Y`B Yi Yfi b[ž`bgY_hYb`]b`@VYbga`]hY`b`ni`j`Yfk`YbXYbž`\Uh]b
XYf`²`ZZYbh]W_X]h`i`bX`XYb`A`YX]Yb`[`fc»`Yg``bhYfYggY`[`Yk`YW_h"
8Yg\U`V`g]bX`X]Y`k`]ggYbgW_XZh]W_XYb`6Yk`Yfhi`b[`Yb`XYf`9: G5
i`bYf`Àgg`W_X`ZØf`X]Y`dc`h]gW_XYb`J`YfUbhk`cfh]W_XYbž`X]Y`ØVYf`X]Y
Ni`Uggi`b[`X]YgYf`DfcXi`_hY`ZØf`XYb`9!`A`Uf`_h`Yb`hgW_XY]XYb"

;`]cj`Ubb]`Gc[`Uf]ž`Gcn]U`!`i`bX`J`YfVfUi`W_XYfZc`fgW_XYf`Ub`XYf`
l`b]j`Yfg]h`h`DUfa`Už`Yf`_`ÀfhY.`9g[`]Vh`_c[`b]h]j`Y`;`fØbXYž`X]Y`Ui`g`
i`bgYfYb`gc]U`Yb`i`bX`_i`h`i`fY`Yb`9fZU\fi`b[`Ybž`XYa`gc[`Yb`UbbhYb`
9_Y`!:`U`_hcf`ž`\YffØ`fYb`i`bX`Yg`ZØf`j`]Y`Y`9i`fcd`ÀYf`i`bj`cfghY`VUf`
a`UW_XYbž``bgY_hYb`ni`YggYb`"A`]h`XYf`NY]h`i`bX`ni`bY`a`YbXYf`
9l`dcg]h]cb`_ØbbYb`g]W_X`X]YgY`9]bghY`i`b[`Yb`ÀbXYfb"

A`Uf]c`A`Unnc`W_X`ž`K`]fhgW_X`UZh`gghUh]gh]_Yf`i`bX`Dfc`ZYggcf`Ub`XYf`
l`b]j`Yfg]h`h`6c`c[`bUž`Yf`_`ÀfhY.`9g[`]Vh`Y]bXYi`h][`Y`_Ø`_c`c[`]gW_XY`
i`bX`k`]fhgW_X`UZh]W_XY`J`cfhY`Y`ž`k`Ybb`hfUX]h]cbY`Y`E`i`Y`Yb`h]Yf]gW_XYf`
DfchY]bY`Xi`fW_X`gc`W_XY`YfgYhnh`k`YfXYbž`X]Y`k`Yb][`Yf`:`i`hYfa`]hY`
VYbØh][`Ybž`k`Yb][`Yf`5VZU`YfnYi`[`Yb`i`bX`ni`k`Yb][`Yf`
HfY]V`Ui`g[`UgYa`]gg]cbYb`ZØ`fYb`"B]YXf][`YfY`?`cghYb`i`bX`
b]YXf][`YfY`DfY]gY`_ØbbhYb`X]Y`@VYbga`]hY`g]W_XYf\Y]h`Yf\Ø\Ybž`
i`bX`X]Y`bYi`Y`B`UW_X`ZfU[`Y`YfØZb`Yh`Ui`W_X`k`]fhgW_X`UZh]W_XY`7`UbW_Xbž`
X]Y`g]W_X`YXcW_X`Ui`W_X`Ui`Z`X]Y`VYghY`YbXYb`6fUbW_XYb`Ui`gk`]f`Yb`
_ØbbhYb"

8]Y`K`]ggYbgW_X`UZh`Yf`XYf`9: G5`k`YfXYb`X]Y`nU`\fY]W_XYb`5bhfÀ[`Y`
Ui`Z`Ni`Uggi`b[`bYi`Ufh][`Yf`@VYbga`]hY`b`j`\fYf`**Hc!Xc!@]ghY**
k`Y]hYf\]b`VYk`YfhYbž`i`bX`X]Y`J`YfUbhk`cfh]W_XYb`]b`6fØggY`i`bX`XYb`
bUh]cbU`Yb`<`Ui`dhgh`XhYb`k`YfXYb`Yb`hgW_XY]XYbž`cV`g]Y`]b`9i`fcdU`
Ui`Z`XYb`H]gW_X`_ca`a`Yb`"K`Ybb`g]Y`k`]ggYbž`XUgg`X]Y`G]W_XYf\Y]h`
[`fØbX`]W_X`[`YdfØZh`k`i`fXYž`_ØbbYb`X]Y`J`YfVfUi`W_XYf`Yhnh]W_X`
j`YfhfUi`Ybgj`c`XUfØVYf`Yb`hgW_XY]XYbž`k`Ug`g]Y`YggYb"

.

8]Y`Yi`fcd`À]gW_XY`bgY_hYb]bXi`ghf]Y`]gh`
[`YfØghYh`

..

8Yf'A Y\`k i fa `]gh'k Y`hk Y]h'XUg`YfghY` ðgY_hž`XUg`Y]bY`d cg]h]j Y
I bVYXYb_`]W_X]hgVYk Yfhi b[`ZØf`XYb`J YfnY\`f`Xi fW`A YbgW_XYb
Yf\U`hYb`\Uh`8Ua `]h'k]fX`UbYf_Ubbhž`XUggA Y\`k i fa ! ð\U`hgghc ZY
DfYa]i a !DfcXi _hY`g]bXž`XU`g]Y`ja `J Yf[`Y]W`ni `UbXYfYb
ðgY_hYbž`X]Y`bi f`]b`H]YfZ`hhYf`j Yfk YbXYh`k YfXYbž`Y]bn][Ufh][
`YVYbga `]hhY`hUi [`]W`g]bX" `8]YgYf`8i fW`Vfi W`]gh`Y]bY`[fc» Y
@Y]ghi b["9f`VY`c\`bh`X]Y`gY]h`J\`fYb`[Y`Y]ghYhY`5fVY]h`XYf
[YgUa`hYb`Yi fcd`Ä]gW_XYb`ðgY_hYb]bXi ghf]Yž`X]Y`g]W`]b`XYa
6fUbW_XYbj YfVUbX`Ð÷: `cf[Ub]g]Yfh`\Uh`K]f`\c ZYbž`XUgg`X]YgY
d cg]h]j Y`6Yk Yfhi b[`X]Y`YfghY`j cb`j]Y`Yb`gY]b`k]fX`ž`Yf_`Äfh
5bhc]bY`<i VYfhž`XYf`79C`j cb`3bgYWh"

3bgYWh

3bgYWh]gh`XYf`k Y`hk Y]h`ZØ\`fYbXY`9fnYi [Yf`j cb`bUhØf`]W_XYb
ðgY_hYbdfchY]bYb`i bX`8Øb[Ya `]hhY`b"8Ug`BYI h(\$!| bhYfbY\`a Ybž
XUg`&\$%%]a `ZfUbn`Òg]gW_XYb`DUf]g`[Y[fØbXYh`k i fXYž`k UbXY`h
ðgY_hYb`]b`\cW`k Yfh][Y`ð\U`hgghc ZY`ZØf`BU\`fi b[ga `]hhY`ZØf
<Ui gh]YfYž`:]gW_XYi bX`DZUbnYb`i a "3bgYWh`bi hnh`Ui Z`gY]bYb
\cW`a cXYfbYb`: Ufa Yb`Y]bY`dfcdf]Yh`ÄfY`HYW`bc`c[]Yž`X]Y`Xi fW
&*\$`DUhYbhY`k Y`hk Y]h`[YgW`Øhnh]ghž`i a A c`]hcfA Y\`k Øfa Yf`]b
j Yfh]_U`Yb`Ni W`hUb`U[Yb`\YfUbni n]Y\Yb"**k k k "mbgYWh"W`a**

6Ygi W_XYb`G]Y`i bg`Ui Z.`ZY]gW`i bXW`"Uh