

# Fleisch-Alternative neu: Erbsen ohne Eigengeschmack

Fleisch-Alternative neu gezüchtet: Erbsen ohne Eiegengeschmack.Britische Wissenschaftler züchten neutral schmeckende Erbse.



Neben dem hohen Proteinanteil von etwa 5 g pro 100 g, liefert die Erbse u.a. viel Eisen, B-Vitamine, Beta-Carotin, Kalzium, Magnesium und Zink. © Artie Kostenko / Unsplash

#### BYiY'9fVgYb'U`g'[ihY': `Y]gWX!5`hYfbUh]jY

8 Ugg 'X]Y 'd Z Ubn`]WX Yb ž 'gØ» Yb ž '[ fØb Yb '? i [ Yf` 'Y]b Y '[ i hY 'i b X dfc hY]bfY]WX Y : `Y]gWX U`hYfb Uh]j Y 'gY]b '\_Obb Yb ž ']gh 'gY]h ``Ub [ Ya VY\_Ubbh'' I b X ']b 'XYf '`YhnhYb 'NY]h \_Ua Yb 'Ui WX ']a a Yf 'a Y\f Dfc Xi \_hY 'Ui Z'XYb 'A Uf\_h 'XYfYb' < Ui dhni hUh 'XUg 'Di `j Yf 'i bgYfY ; UfhYb Yf VgY ']gh '' B YVYb 'Y]b Ya '\c\Yb 'Dfc hY]b UbhY]` 'j cb 'Yhk U') '[ dfc '%\$\$ '[ ž`]YZYfh 'X]Y '9f VgY 'k ]WX h][ Y '5a ]bcgÀi fYb ž j ]Y` '9]gYb ž '6!

J]hUa ]bYž'6YhU!7Ufch]bž'?U`n]i a ž'A U[ bYg]i a 'i bX'N]b\_"'9]b [ fc»Yf'JcfhY]`'XYf'9fVgY'`]Y[ h'Ui W\']b']\fYf'[ i hYb'JYfhfÀ[ `]W\\_Y]h" 5``Yf[ ]Yb'k ]Y'VY]'Gc'U'cXYf'K Y]nYb'\_ca a Yb'XU'\_Ui a 'j cf"

### ; i hY '9fVgYbdfcXi \_hY '[ ]Vh 'Yg 'VYfY]hg

Gc `\ Uh'Yhk U'XUg'6Yf`]bYf'GhUfhi d'Dfc 'Y Wh'9UXYb'a ]h']bbcj Uh]j Yf HYI h]`!HYW\ b]\_'ni Yfgh'YggVUfY'DfchY]bZUgYfb'Ui g'9fVgYb'i bX XUfUi g'Y]b'[i hYg'dZUbn`]W\ Yg': `Y]gW\ [Ya UW\ h"I bX \]Yfni `UbXY'\Uh'DZ'UbnYfY]!7\YZ]b'BUX]bU'Fi YX`ž'[Ya Y]bgUa a ]h'XYa '1 b[Yb': `Y]gW\ Yfa Y]ghYf'A Uf\_i g'8cfa UmYf'Ui g @Ub[YbnYfgXcfZž'XYb'YfZc`[fY]W\ Ybž'j Y[UbYb'@Yj Yf\_Ug'; i gh`' \_fY]Yfh"'8YggYb'<Ui dhni hUh']gh'hUhgÀW\`]W\ ZfUbnÒg]gW\ Yg 9fVgYbdi `j Yfž'X]Y'fYgh`]W\ Yb'Ni hUhYb'g]bX'fY[]cbU`"

## 9fVgY``]YVYf'[YgWka UW\_gbYi hfU`

I bX'hfchn'XYg'[i hYb'5fca Ug'i bX'VYghYf'K ØfnY'X]Y'gc'WXYDfcXi \_hY'a ]hVf]b[Ybž'ghÒfh'XcWX'bcWX'gc'a UbWXYb: 'Y]gWX']YV\UVYf'XYf'hY]'g'j cf\UbXYbYž'gØ» Y'9fVgYb[YgWXa UW\_"Bi b`\UVYb'g]WX'Vf]h]gWXY': cfgWXYf'j cf[Ybca a Yb'XUg'DfcV'Ya 'ni VYgY]h][Yb''G]Y'YbhXYW\_hYb'Y]bY'k]'XY'9fVgYbgcfhY'X]Y'nk Uf'j ]Y`DfchY]b'a ]hVf]b[hž'YXcWX'fYWXh'bYi hfU''gWXa YW\_h'''A]h'X]YgYf; fi bX'U[YbdZUbnY'k]fX'bi b'ZY]»]['[Y\_fYi nhi a 'fUgWX'Y]bY'9fVgY'a]h'XYa 'f]WXh][Yb'; Y\U'h'Ub''DfchY]bž'X]Y''Y]WXh'ni 'YfbhYb i bX'k Y]h[Y\YbX'[YgWXa UW\_gbYi hfU'']ghž'Ui Z'XYb'A Uf\_h'ni Vf]b[Yb'''8]Y'H\YgY.'a]h'X]YgYa 'DfchY]bdi 'j Yf'k ØfXYb'j ]Y''a Y\f JYfk YbXi b[Yb'a Ò[']WX'gY]b'i bX'a Ub'\_ObbY'XUbb'a]h'XYb 'YW\_YfYb'DfcXi \_hYb'Ui WX'X]Y'k]'XYghYb': 'Y]gWXh][Yf'ØVYfnYi [Yb''

#### BYiY 9fVgY gW Øhnh XYb FY[Ybk U`X

8]Y bYi Y NØW hi b[ '\_Ubb'a Ub']b'[ Ubn'9i fcdU'`Y]W h'UbVUi Yb" 8Ua ]h'k ]fX'Ui W Y]b'k Y]hYfYg'l a k Y`h!DfcV`Ya 'Vi W ghÀV`]W Ub XYf'K i fnY` [ YdUW\_h"8]Y Yb[ `]gW Yb': cfgW Yf`\cZZYbž'X]Y'bYi Y DZUbnY'Ui W 'U`g': i hhYfa ]hhY``Xi fW gYhnYb'ni '\_ÒbbYb'i bX'gca ]h XYb'=a dcfh'j cb'Gc'U'Ui g'GØXUa Yf]\_Už'k c'ZØf'X]Y

Gc 'UUbd Z Ubni b[ ']a a Yf 'bc W 'F Y[ Ybk U 'X 'n Yfgh Off h'k ]f X ž j Yff]b[ Yfb 'ni '\_Obb Yb"

 $6\,Y\,gi\,\,W\!\!X\,Y\,b\,\,{}^{\cdot}G\,]Y\,{}^{\cdot}i\,\,b\,g\,{}^{\cdot}Ui\,\,Z.\,\,{}^{\cdot}Z\,{}^{\cdot}Y\,]g\,W\!\!X\,i\,\,b\,X\,W\!\!c\,{}^{\cdot}Uh$