

## Die Vielfalt der Kürbisse für ein gruseliges Halloween

Die Kürbis-Saison erreicht ihren Höhepunkt, und gurkerl.at, der Online-Supermarkt, bietet eine breite Palette von Kürbissorten, darunter Hokkaido, Butternut, Spaghetti und Muskat. Mit bis zu 15 verschiedenen Sorten in Bio-Qualität übertrifft gurkerl.at herkömmliche Supermärkte und fördert gleichzeitig die Vielfalt und die regionale Landwirtschaft. Die Kürbisvielfalt bietet aufregende Geschmackserlebnisse und erhält traditionelle Rituale wie das Schnitzen von Jack O' Lanterns.



Halloween bei gurkerl.at(@gurkal.at)

G]Y ``Yi W hYb ` Ugg]gW !c fUb [ Yž \ Y ``[ Y ` Vž ` UVYf `Ui W ]b ` X]j YfgYb ; fØbhØbYb `gck ]Y `Xi b\_ `Ya ` @`U `i a ` X]Y `K YhhY `i bX `i b hYfgW Y]XYb g]W `Ui W ]b `: cfa `i bX `; YgW a UW\_ `XYi h]W `j cbY]bUbXYf" `8 ]Y

F YXY' ]gh'j cb' ? ØfV]ggYb" <Ui dhXUfghY``Yf' ja' ? ØfV]g! 7Ugh  
<c\_\_U]Xc!ž'6i hhYfb i h!ž'GdU[ \Yhh! i bX'A i g\_Uh! ? ØfV]ggY" 8]YgY  
'UbXYb'VYgcbXYfg' \Ài Z[ 'Ui ZXYb'HY``Yfbž'g]bX'X]Y' <YfVgh!  
<][ \`][ \hg'gW\`Y\W\h\ ]b" 6Y]a' Cb' ]bY!Gi dYfa Uf\_h'[ i f\_Yf"Uh  
XUfZ'Yg'YXcW\`Yh\ Ug'cf][ ]bY``Yf'ni [ Y\Yb" 6]g'ni %) 'j YfgW\]YXYbY  
J Uf]UbhYb'V]YhYh[ i f\_Yf"Uh' ]b'XYf'GU]gcb'Ub' 'gY`Vghj YfghÀbX`]W\  
Ui W\`]b'6]c!E i U`]hÀh" 8Ua ]h'ØVYfhf]Zzh[ i f\_Yf"Uh'XUg'5b[ YVch  
YbYg'Yf\_Oa a ']W\`Yf'Gi dYfa Àf\_hY'i a 'XUg'8fY]ZUW\Y'i bX  
i b\hYfgh\hnh\XUa ]h[ 'Y]W\`nY]h[ 'X]Y'fY[ ]cbU`Y  
@UbXk ]fhgW\`UZh"

? ØfV]ggY' 'A Y\ f'U`g'bi f' <c\_\_U]Xc

K Ufi a 'Yg'g]W\`c\ b\h\X]YgY' J ]Y'ZU\hni 'VYk U\fYb3'K ]f'UVYb  
X]fY\_h'VY]a' ? ØfV]g!DfcZ]`bUW\`YZfU[ h': fUb\` <UgW\`Yfž[ i f\_Yf"Uh  
DUfhbYfž; Ya ØgYVUi Yf'i bX' \UVYf'j ca' : fUb\`VUi Yf' ]b  
<]b\hYfgXcfZ' J ]Y'ZUW\`g]Y\h'a Ub' ]a' Gi dYfa Uf\_hbi f'bcW\`  
<c\_\_U]Xc! ? ØfV]ggY" K c\`]b'a Ub'Ui W\`V]W\`h' K ØfXYb'U`Y'bi f  
bcW\` <c\_\_U]Xc'UbVUi Ybž'k ØfXYb'X]Y'UbXYfYb'GcfhYbž'X]Y'gc  
j ]Y`Y'k Y]hYfY'; YgW\`a ÀW\`Yf'a ]h'g]W\`Vf]b[ Ybž'Ui gghYfVYb"

8UVY']gh'Yg'XcW\`[ Ubn'k i bXYfVUfž'XUgg'Y]bY'gU]gcbU`Y  
; Ya ØgYgcfhY'k ]Y'XYf' ? ØfV]g'Y]bY'g'c' [ fc»Y' [ YgW\`a UW\`]W\`Y  
J ]Y'ZU\h'V]YhYh" 8Ufi a 'ZfYi Yb'k ]f'i bgž'XUgg'k ]f'a ]h[ i f\_Yf"Uh  
Y]bYb'DUfhbYf'UVYbž'XYf'i bgYf'6Ya Ø\Yb'i a 'XYb'9f'U'h'XYf  
5fhYbj ]Y'ZU\h'i b\hYfgh\hnh'i bX'i bg'XYb'FUi a ' [ ]Vhž'bYVYb'XYb  
? 'Ugg]\_Yfb'Ui W\`a U'9I dYf]a YbhY'ni 'dfcV]YfYb" 'NU]fU'; Ča Ynž  
7UhY[ cfm'A UbU[ Yf]b'Z\øf'CVgh/'; Ya ØgY'VY]'][ i f\_Yf"Uhž'Yf[ Àbnh  
@UbXk ]fh\bbYb'k ]Y': fUb\` <UgW\`Yf' [ YVYb'i bgYfYb'? i bXYb'X]Y  
7\UbW\ž'Ui W\`a U'UbXYfY'; YgW\`a UW\_gf]W\`hi b[ Yb  
Ui gni dfcV]YfYb"'; YbUi 'XUg'gW\`ÀhnYb' [ i f\_Yf"Uh! ? i bX\bbYb'Ub  
i bg'9]bY'J ]Y'ZU\h'i bX'9I dYf]a Ybh]YfZfYi X][ \_Y]hž'X]Y'XYf'fY[ i 'ÀfY  
<UbXY`b]W\`h'V]YhYb' \_Ubb"

8]Y'i fgdfØb[ ']W\`Y'6YXYi hi b[ 'j cb' \UW\_\  
C @Ub\hYfb

I bX'k Yf'g]W\gW\cb'ja a Yf'a U'[ YzfU[ h'\Uh\z'k c\Yf'XYf'6fUi W XYf'[ YgW\ b]hnh\Yb'?ØfV]ggY'ghJa a h\z'\]Yf'X]Y'?i fnZUggi b[ . '8Yf I fgdfi b[ '[ Y\h'Ui ZY]bY']f]gW\Y'@Y[ YbXY'fi bX'i a 'Y]bYb 6ØgYk ]W\h'bUa Ybg'J\W\ C'XZ]Y'X'ni fØW\z'XYf'Yg'g]W\ 'ni '@YVnY]h\Yb a ]h'XYa 'HYi ZY'j YfgW\YfnhY''9f'hf]W\ghY']\b'VY]Y]bYa '<UbXY'Ui g i bX'bU\ a ']\a 'XUg'J YfgdfYW\Yb'UV\z']\b'i bX'gY]bY'GYY'Y'ZØf ]a a Yf']b'F i \Y'ni 'UggYb''I bX'[ YbUi 'XUg'k i fXY']\a 'Ub'gY]bYa HcXYghU[ 'ni a 'J Yf\A b[ b]g. 'B UW\XYa 'Yf'k Y[ Yb'gY]bYg ZfU[ k ØfX][ Yb '@YVYbggh'g']a '<]a a Y'UV[ Y'Y\bh'k cfXYb'k Uf'i bX ]b'XYf'<Ø'Y'Ui ZhUi W\h\z'k i fXY']\a 'Ui Z[ fi bX'XYg'hYi Z]gW\Yb J YfgdfYW\Yb'Ui W\ ']\Yf'XYf'9]bhf]hh'j Yfk Y\fh"

8 Yf'HYi ZY' \Uh\Y'YXcW\ A ]h'Y]X'i bX'gW\Yb\_hY']\a 'Y]b k \Afa YbXYg'GhØW\_[ 'Ø\YbXY'?c\Y'Ui g'XYa '<Ø'YbZYi Yf'ZUg'J\W\ ]b'gY]bYb'Dfcj ]Ubh' 'Y]bY'FØVY' 'ghY\W\h\z'a ]h'XYf'Yf'gY]h\Yf'Ub 5'Yf\Y']][ Yb'Xi fW\X]Y'8i b\Y'\Y]h'k UbXY'h'5i g'X]YgYf'@Y[ YbXY j YfZYgh][ hY'g]W\gW\Y' ]W\XYf'; 'Ui VY\Z'XUgg'Y]b'VfYbbYbXYg GhØW\_?c\Y'j b'Y]bYf'FØVY'X]Y': \A\][ \_Y]h'VYg]hnh\z'XYb'HYi ZY'i bX VØgY'; Y]ghYf'ZYfbni \U'hYb''A ]h'XYf'5i gk UbXYfi b[ 'bUW\5a Yf]\_U k i fXY'Ui g'XYf'FØVY'Y]b'?ØfV]g\z'XYf'\]Yf'j YfVfY]h\YhYf'i bX'Y]W\h\Yf ni 'VYUfVY]h\Yb'k Uf''8Yf'B Ua Y'V']YV'YXcW\VYghY\Yb. 'J\W\ C%@Ubh\Yfb\z'k ]Y'X]Y[ YgW\ b]hnh\Yb '@Uh\YfbYb'ja 'Yb[ 'gW\gd fUW\][ Yb FUi a '[ YbUbh\k YfXYb"

8 ]YgY'?ØfV]ggY'[ ]Vh'Yg'i b\hYf'UbXYfYa 'VY] [ i f\_Yf'"Uh'ni 'Yb\hXYW\Yb.

< c\_\_U]Xc

8 ]YgYf' 'i fgdfØb[ ']\W\ 'UdUb]gW\Y' 'ØfV]g' ]gh'VY\_Ubbh\k ]Y'Y]b Vi b\hYf'< i bX\z'k ]fX'[ Y]YVh\cV'gY]bYf'YggVUFYb'GW\U'Y'i bX'\Uh Y]bYb'bi gg][ !gØ' ']\W\Yb'; YgW\ a UW\z'XYf'XYa '5fca U'j cb A UfcbYb'À\ bY'h'CV'U'g'Gi ddY\z'5i ZUi Z\z'DUghU\z'DØfYY'cXYf 8 YggYfh\z'XYf'< c\_\_U]Xc '']Y\Z'fh'UV']b'GUW\Yb'; YgW\ a UW\i bX B\A\fk YfhY''9]b'\_i ']\bUf]gW\Yf'5'fc i bXYf\z'VYggYf'\_Ubb'a Ub' ]\b b]W\h'VYgW\fY]VYb"

6i h\hYfb i h

8]YgYf`hc``Ui ggY\YbXY`?ØfV]g`Yf]bbYfh]b`XYf: cfa`Yhk`Ug`Ub`Y]b`Y  
6]fbYžk]fX`\]Yf`i bX`XU`Ui W\`6]fbYb\_ØfV]g`[ YbUbh`9f`]gh`Yff`]W\`  
Ufca Uh]gW\`bi gg][`i bX`Yf]bbYfh`a ]hi b hYf`Ub`9gg\_UghUb]Yb``8]Y  
XØbbY`G\`U`Y`Aggh`g]W\`Y]W\`h`i bX`gW\`bY`gW\`A`Ybž`a ]h  
ni VYfY]hYh`]gh`g]Y`h`YcfYh]gW\`YggVUfž`UVYf`]a a Yf`Y]b`V]ggW\`Yb  
`YXf][`GY]b`[ fØ» hYg`HU`Ybh`9f`Aggh`g]W\`hc``ZØ``Ybž`n`6``a ]h`F`Y]g  
i bX`D]`nYb"

GdU[ \Yhh]

8]Y`\_U`cf]YbUfa`Y`5`hYfbUh]j`Y`ni`DUghU`GdU[ \Yhh]``8`Ug`a`]`XY`i`bX  
`Y]W\`h`bi`gg][`Y`fi`W\`hZY]gW\`Yf]bbYfh`Ua`Y\`YghYb`Ub`Ni`W\`]b]``a  
;`Ub`nYb`[ Y`Ufh`ØVYffUgW\`h`Yf`a`]h`Ub`GdU[ \Yhh`Yf]bbYfb`XYg  
;`fi`W\`hZY]gW\`ž`XUg`a`]h`Y]b`Ya`Hcdd]b`[ `ni`Y`b`Yf`\_Ogh`]W\`Yb  
A`U\`nY]h`a`i`h]Yfh`

8`Y`]W\`hU

9]b`Y`I`b hYfgcfhY`XYg`GdU[ \Yhh]\_ØfV]gž`i`bX`Y]b`Yf`XYf`ZY]b`gh`Yb  
?ØfV]ggY`ØVYf\`Ui`dh``;`Yk`ØfZY`h`]b`XYf`DZUbbY`[ YVfUhYb`c`XYf  
Ui`g`[ Y\`Ø\`h`i`bX`XUbb`[ YZØ`h`XYf`;`YgW\`a`UW\_`]gh`fA`Zh`[ `i`bX`[ Y\`h  
]b`F`]W\`h`i`b`[ `A`Ufcb]``

:`Ygh]j`U`  
8`Yf`Ygh]j`U`gh`i`b hYf`j`]Y`Yb`B`Ua`Yb`VY`\_Ubh`i`b hYf`Ub`XYf`Ya`U`g  
7\`Ua`A`Ycbž`7`Ufb]j`U`ž`A`\_fck`Y`Yb\_ØfV]g`c`XYf`cf`cbnc`U\_ØfV]g``  
:`Ugh`a`a`Yf`k`]fX`XYf`7\`Ua`A`Ycb\_ØfV]g`ni`f`<`YfVghXY`\_cfUh]cb  
j`Yfk`YbXYh`8`i`fW\`gY]b`Y`Vi`b hY`J`Y`ZU`h`k`]fX`YXYf`?ØW\`Yb`h]gW\`  
Ui`Z`YdYddh`

A`UfV`Yg

8`Yf`A`UfV`Y`?ØfV]g`ØVYfnYi`[ h`b]W\`h`bi`f`a`]h`gY]b`Ya  
a`Ufcb]Ufh`[ Ybž`gØ»`Yb`?ØfV]g`[ YgW\`a`UW\_`gcb`XYfb`Ui`W\`a`]h  
gY]b`Ya`Ui`Z`A`][`Yb`5`i`ggY\`Yb`"

6Ygi WX Yb 'G]Y i bg 'Ui Z. 'Z Y]gWX i bXW "Uh