

Doppel-Grillweltmeister und Fleischermeister Adi Matzek hat die Glut im Blut

Adi Matzek ist der „Mister Grill“ der Alpenrepublik. Nicht nur beruflich, auch ehrenamtlich als langjähriger Präsident der ABA.



In der Lounge der Grillschule Matzek laßt es sich vortrefflich verweilen.
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A]h`XYa `; f]`Yb`]gh`Yg`]a `; fi bXY`b]W`h`j]Y``UbXYfg`U`g`VY]a
HYbb]g!`cXYf`; c`Zgd]Y`Yb``8]Y` dYfZY_hYghY `5i gfØghi b[`UVYb
a Y]ghYbg`X]Y`V`i h[Yb`5bZAb[Yf``8]Y`g]bX`Y]b``Y]W`hYg`C dZYf`XYf
<AbX`Yfž`X]Y`Ni VY\Öf`Vnk ``5i gfØghi b[`ZØ\fYb``8cW`k Ug`bØhnh
XUg`VYghY`i bX`YI _`i g]j ghY`9ei]da Ybhž`k Ybb`XYf`6Yg]hnYf`XYf
; fi ddY`XYf`8]Y`hUbh`]Ub[Y\Öfh` `Už`X]Y`4U`]YbYf`\UVYb`k c`\`X]Y
VYgh_]b[YbXY`i bX`hfYZZYbXghY`6YnY]W`bi b[`XUZØf``F]W`h[.`[Uf

b]W\hg`'8]Y`K]f_i b[`XYg`VfUbXbYi Yb`" "\$\$\$!9i fc!; Ug[f]`g
j Yfdi ZZh`ž`k Ybb`XUg`GhYU_`j c``_ca a Yb`Xi fW\`i bX`ghUi VhfcW_Yb
]ghž`X]Y`<YbX`Vfi gh`VY]a `C\fk UgW\``\]bUi gghUi Vh`cXYf`XUg
; Ya ØgY`Ub[Y_c`\`h]gh``8]Y`6Ygi W\Yf`k YfXYbž`k Ybb`g]Y`5bghUbX
\UVYbž`[i hY`A]YbY`ni a `VØgYb`9ggYb`a UW\Ybž`UVYf`gc`fUgW\`k]fX
b]Ya UbX`a Y\`f`Ui ZX]Y`_i ``]bUf]gW\Yb`9f[ØggY`Y]bYg`VYhfc[YYbYb
<cVVm!Ci hXccf_cW\g`@ gh`\UVYb``Gc`j]Y``]gh`g]W\Yf``8Yg\U`V``]gh
Yg`a]bXYghYbgž`k Ybb`b]W\h`gc[Uf`bcW\`k]W\h][Yfž`U`g`a]h
@ I i g[YfÅhgW\UZhYb`ni `dfchYbž`g]W\`XUg`6Ug]gk]ggYb
VYn]Y\i b[gk Y]gY`j Yfh]YZYbXY`?Ybbhb]ggY`VY]`DfcZ]g`j Yfa]hhY`b`ni
`UggYb"

8Yf`8cddY`!K Y`ha Y]ghYf

9VYb`DfcZ]g`k]Y`Yhk U`XYf`8cddY`!; f]`k Y`ha Y]ghYf`i bX
: `Y]gW\Yfa Y]ghYf`5X]`A UhnY_`a]h`gY]bYf`; **f]`gW\i`Y`]b**
6i f[Yfk]YgYb`]a `K U`Xj]YfhY``8Yf`A Ubb`]gh`X]Y`F cgh[Yk cfXYbY
9I dYfh]gY`]b`GUW\Yb`; f]``Yb``A Y\`fZUW\Yf`GhUUhga Y]ghYfž`gY]bYfnY]h
a]h`gY]bYf`A UbbgW\UZh`XYb` K U`Xj]YfhYf`<c fbcW\gYb ž`UVYf
Ui W\`8cddY`!K Y`ha Y]ghYf`]b`XYb`8]gn]d`]bYb`F]bX`Y]gW\``X]Y
UVgc`i hY`?Øb][gX]gn]d`]b`i bX`:]gW\``A Y\`f[Y\`hZUgh`b]W\h"

5X]`A UhnY_`]gh`XYf` A]ghYf`; f]``XYf`5`dYbfYdi V`_]``B]W\h`bi f
VYfi Z]W\ž`Ui W\`Y\`fYbUa h]W\`U`g`Ub[`Å\`f][Yf`DfÅg]XYbh`XYf
5i ghf]Ub`6UfVYW Y`5ggcW]Uh]cb`f565Ł`X]Y`\Yi Yf`]a `ghY]f]gW\Yb
?U]bXcfZX]Y`VYghYb`]fYg`A Yh]Yfg`VY]`Y]bYa `]bhYfbUh]cbU`Yb
K YhhVYk YfV`[Y_Øfh`\Uhfb]Y\Y`GhcfmUi ZX]Yb`bÅW\ghYb`GY]hYbŁ`
8]YgYg`5a h\`Uh`A UhnY_`UVYf`a]hhYfk Y]`Y`Ub`gY]bYb`BUW\Zc`[Yf
6Yfb\UfX`GhY]b\Ui Yf`ØVYf[YVYb``5`gc`k Yfž`k Ybb`b]W\h`Yfž`]gh
XUZØf`d`fÅXYgh]b]Yfž`gY]b`K]ggYb`k Y]hYfni [YVYb3I bX`XUg`hi h`Yf
Ui W\``: Øf`5bZÅb[Yfž`: cfh[YgW\f]hhYbYž`Ub[Y\YbXY`565!đ fcfYbž
; f]``!HfU]bYf`i bX`a]h`XYb`j YfgW\]YXYbghYb`: `Y]gW\gcfhYb``Ga c_Yb
_Ubb`a Ub`VY]`5X]`Yf`YfbYbž`K]bhYf[f]``Ybž`U`gc[Uf`Fi a`!ž
N][UffYb!`i bX`HYUa Vi`]X]b[!GYa]bUfY`j YfUbghU`hYh`XYf
6chgW\UZhYf`fch!k Y]»!fchYf`F cgh[`ØW_gY`][_Y]h"

; f]``Yb`VYXYi hYh`A i h`\UVYb

8 Ug`7fYXc`j cb`5X]`A UhnY`_]ghYVYbgc`Y]bZUW`k]Y`j YfV`ØZZ`bX.
; f]`Yb`Y]» h`A i h`UVYbž`BYi Yg`Ui gni`dfcV]YfYb`i bX
Y]b[YZU`fYbY`6U`bYb`j Yf`UggYb`° `8 Ug`[]`h`ZØf`VYfY]hg
9]b[Yk`Y]\hY`YVYbgc`k]Y`5bZ`Ab[Yfž`X]Y`a`Y]ghYbg`a`]h
GW`k`Y]bY`_chY`Yhhgž`<YbX`\\Ui Yb`i bX`K ØfghY`b`i bX`j]Y`6]Yf
`cg`Y[Yb`"-`%-`-`(`\\UhY`5X]`A UhnY`_[Ya`Y]bgUa`a`]h`gY]bYf`; Uhh]b
`fYbY`XYb`6Yhf]YVž`XYf`]b`XYb`) \$Yf!`đ`fYb`XYg`j`cf][Yb
đ`f`i bXYfhg`[Y[fØbXYh`k`cfXYb`k`Ufž`j`cb`gY]bYa` `J`UhYf
ØVYfbca`a`Ybž`%-`-`)`Uj`UbW]YfhY`Yf`VYfY]hg`ni`a
@UbXYg]bbi`b[ga`Y]ghYf!GhY`j`YfhfYhYf`j`cb`B]YXYfØghYffY]W`"-`8 Ug
YfghY`A`U`gc`f]W`h][`a`]h`XYa`H`Y`a`U` ; f]`Yb` `]b`?`cbhU`_h`_Ua
A UhnY`_`A`]h`hY`XYf`-`\$Yf!`đ`fY`VY]`Y]bYf`Ghi`X]YbYf]gY`bUW`<`c`U`bX
i`bX`Xi`fW`XYb`?`cbhU`_h`ni`gY]bYa` `?`c`Y[Yb`K`c`Z[Ub[`GY]X`ž`XYf
gW`cb`YfZc`[!`fY]W`Ub`ØghYffY]W`]gW`Yb`i`bX
9i`fcdUa`Y]ghYfgW`UZhYb`hY]`[Ybca`a`Yb`\\UhY`"-`F`UgW`[fØbXYhY
XYf`Yb[U[]YfhY`:`Y]gW`Yfa`Y]ghYf`gY]b`YfghYg`HYUa`ž`XUg`g]W`
A UhnY`_g`DUfhm[f]`Yf`b`Ub`bhYž`X]Y`[fc»Yb`9fZc`[Y`ghY`hYb`g]W`
XUbb`bUW`XYf`i`a`VYbYbbi`b[`XYf`A`UbbgW`UZh]b`K`U`Xj]YfhYf
<`cfbcW`gYb`Y]b`"

8]YgY`bYi`Y`@Y]XYbgW`UZh`ni`a` ; f]`Yb`i`bX`66E`ZUbX`]`fYb
<Ø`Ydi`b`_h]b`XYf`; fØbXi`b[`XYf`YfghYb`ØghYffY]W`]gW`Yb
; f]`gW`i`Y`Ua`GhUbXcfh`gY]bYf`XUa`U`][Yb`:`Y]gW`YfY]`]b`<`cfb`"
J`cb`5bZUb[`Ub`Yb`hk`]W`_Y`hY`g]W`XUg`; YgW`ÅZh[i`hž`X]Y`?i`fgY
k`i`fXYb`j`cb`XYb`?i`bXYb`Ui`g[YgdfcW`Yb`dcg]h]j`Ub[Ybca`a`Yb`
&\$%)`VfUW`hY`5X]`A UhnY`_gW`Y]Y»`]W`gY]b`YfghYg`6i`W`\\YfUi`gž
XYf`H]hY`6YggYf`; f]`Yb`ž`k`Ug`gcbgh`

8 Ug`9bXY`XYf`:`Y]gW`YfY]

&\$%)`gW`cg`5X]`A UhnY`_gY]bYb`GhUbXcfh]b`<`cfb`i`bX
ØVYfg]YXY`hY`a`]h`XYf`; f]`gW`i`Y`]b`XYb`K`U`ZU`fhgc`fh`A`Uf]U
8fY]Y]W`Yb`"-`8Ua`]h`k`Uf`X]Y`; YgW`]W`hY`XYf`:`Y]gW`YfY]`ni`9bXYž
X]Y`9fZc`[gghc`fm`gY]bYf`; f]`gW`i`Y`YbXYh`XUa`]h`bcW`Ub[Y`b]W`h`
`W`\\UhY`Y]b`j`]Y`j`YfgdYfW`YbXYg`?`cbnYdh`ZØf`Y]bY
FY[]cbU`ZY]gW`YfY]`]b`XYf`HUgW`Yž`X]Y`DfcXi`_hY`Ui`g`U`Yb`J`]YfhY`b
B]YXYfØghYffY]W`g`i`bX`j`cb`?`c`Y[Yb`Ui`g`YbYb`FY[]cbYb`ZØ`fYb
gc`hY`"-`8]YgYb`DUfhgc`hY`a`Y]b`Gc`b`5Xc`Z`k`Y]hYfZØ`fYbž`XYf`

gV\cb'ni j cf'Z0f'X]Y'DfcXi _h]cb'ni ghÅbX]['k Uf''8]Y'×YY'\Uh']\b
b]W\h'ØVYfnYi [h'i bX'Yf'\Uh'g]W\ 'UbXYfg'cf]Ybh]Yfh''8 Ug'\UVY']W
gY'Vghj YfghÅbX`]W\ 'U_nYdh]Yfh''Bi b'UfVY]hYb'k]f' [Ya Y]bgUa 'ja
bYi Yb'; f]`gYa]bUfnYbhfi a 'i bX'5X]'Y]hYh'YfZc`[fY]W\ 'i bgYfYb
7UhYf]b[VYfY]W\ °

J]Y`ZÀ`h][Yg'5b[YVch

&\$&\$'gW\`]Y»`]W\ 'Yfk UfV'5X]'A UhnY_`Y]b'5bk YgYb']b
6i f[Yfk]YgYb'VY]'<cfbž'XUgg'Yf'gi _nYgg]j Y'bUW\`gY]bYb
J cfghY`i b[Yb'ni `Y]bYa 'k Y`ha Y]ghYf`]W\Yb'; f]`!`i bX'66E!
GYa]bUfnYbhfi a 'i a VUi hž'XUg'a]h'gY]bYb'YX'Yb'@ci b[Yb'XYb
[YY][bYhYb'FU\ a Yb'Z0f'gY]bY'?`]YbhY`V]'XYh''8 U'_Ubb'Yf'Ui W
gY]bYf'[fc»Yb'@Y]XYbgW\UZh'Z0f'YX'Yb'Fi a 'i bX'YI ei]g]hY
N][UffYb'Zf0bYb'i bX'X]YgY'DUgg]cbYb'Ui W\ 'Ub'gY]bY'; ÀghY
k Y]hYf[YVYb.' ; f]`Yb'i bX'66E'VYXYi hYb'Z0f'a]W\ 'j cf'U`Ya
; Ya Y]bgUa _Y]h"; Ya Y]bgUa 'Yhk Ug'ni VYfY]hYbž[i hY'; YgdfÅW\Yž
[Ya Y]bgUa ' [Yb]Y»Ybž[Ya Y]bgUa ']bbY\U'hYbž[i hY
@YVYbga]hY`j YfYXY'bž'XYa '9ggYb'K YfhgW\Àhni b[
Ybh[Y[YbVf]b[Yb"

8Ya YbhgdfYW\YbX'j]Y`ZÀ`h][']gh'Ui W\ 'XUg'5b[YVch'XYf'; f]`gW\i `Y
\Yi hY.

- 6Ug]g!; f]`gYa]bUfY
- :]gW\!; f]`!K cf_g\cdg
- ; f]`!K cf_g\cdg'Z0f': cfh[YgW\f]'YbY
- GhYU_!; f]`!K cf_g\cdg
- K]bhYf!; f]`!GYa]bUfY
- Ga c_Yf!GYa]bUfY
- K]`X!; f]`!GYa]bUfY
- 5A 5!; f]`' / '66E!HfU]bYf!GYa]bUfY
- UVU!× fcfYbgW\i 'i b[Yb
- HYUa Vi]`X]b[!K cf_g\cdg
- HUgh]b[!GYf]Y. 'GhYU_ž'Fi a ž'N][UffY
- BYi .`X]Y'?i `]bUf]_!9j Ybh!GYf]Y '5X] g'Gci `ZcX 'Z0f'fY]bY
; Yb]Y»Yf''8 UbYVYb'V]YhYh'5X]'A UhnY_`YXY`ghYg; f]`!`i bX
66E!7UhYf]b['Ubž'Z0\fh'Y]bY'A Yb[Y'Ub'A YfW\UbX]g]b[!

