

The Brit' Salt-Beef

Salzfleisch ist nicht nur haltbarer als Frischfleisch, sondern auch aromatischer. Die Anwendungsmöglichkeiten sind vielfältig



...

H\Y'6f]h'GU'h!6YYZ]gh'k c\``Y]bYg'XYf'VYghYb'i bX
g\W a_UW_\UZhYghYb'F YnYd\hY'Ui g'XYf'Yb[`]g\W Yb'?Ø\W Y'i bX'Y]bYg
j cb'XYb[Ubn'Z\Y]bYb'F]bXZY]g\W fYnYd\hYb'ØVYf\Ui dh' ``Y]XYf']b
XYf'Ni VYfY]hi b[`]f\Y\ f\U'Ui Zk YbX][`]i bX'nY]h\U'Ui VYbX'fk]Y'gc'j]Y'Y
gYbgU\h]cbY``Y'; Yf]W\hY\GU'nZY]g\W[`]Vh'Yg']b'9b[`]UbX
f\bgVYgcbXYfY']b'@cbXcb\U'Ui Z'X]j YfgYb': Ufa Yfg 'A Uf_Yhg'ni
_Ui ZYb\Z'XUg'6YghY'ghJa a h'k U\fg\W Y]b']W\j cb'F Ub[Yf'C f[Ub]W\g
Ua 'A Ufm'VYcbY'6Ui Yfba Uf_h']b'@cbXcb\Z'k c'a Ub'XUg
dfY]g[Y_f\hY'F]bXZY]g\W'j cb' H\Y'< UfXk]W\9ghU\hY'VY]F YUX]b[
VY_ca a h"

9g'a U\W h'_Ui a 'G]bb'Y]b'GU'nZY]g\W'Ui g'F]bXZY]g\W ghØ\W_Yb
ni ni VYfY]hYb\Z'k Y'W\Y'k Yb][Yf'U'g'&\Z) ' _[`k]Y[Yb"5``YfX]b[g``c\bh
X]Y'A Ø\Y\Z'XYbb'a Ub'k]fX'Ui \W\ _Ui a 'Y]b'UbXYfYg'[Y_c\W hYg
F]bXZY]g\W'VY_ca a Yb\Z'XUg'Ufc a Uh]g\W Yf'g\W a YW_h'GU'nZY]g\W
]gh'a]h'Y]b'k Yb][`]Yfgh\AbXb]g'Z\fg'A Uf]b]YfYb'fY\W h'Y]W\h
ni ni VYfY]hYb\Z'Xc\W\ a i gg'a Ub'XUVY]Ui ZdUggYb\Z'XUgg'a Ub'XUg
: 'Y]g\W'f] cf'U``Ya 'k \A\ fYbX'XYg'A Uf]b]YfYb\Z'b]W\h'a]h'XYb
:]b[Yfb'VYfØ\fh'i bX'gc'i bb\h]h['6U_hYf]Yb_i 'hi fYb']b'X]Y
A Uf]bUXY'Vf]b[h' g'Ui VYfYg'5fVY]hYb'f] cfni [gk Y]gY'a]h
D'Ugh_\UbXg\W i \Yb\Z'gh'U'g'c'`]Yf']b'@cbXYfYg'[YVchYb"

5a 'VYghYb'Y][bYh'g]W\ XUg'gc[YbUbh\h'6f]g_Yh'Z\fg'X]Y
Ni VYfY]hi b[`]j cb'GU'nZY]g\W \Z'Y]b'gdYn]Y``Yg': 'Y]g\W hY] \Z'k Y'W\Yg
Ui g'XYf'6fi gh'Vnk "XYf'i bhYfYb'6fi gh' 'Y]b'Yfk Y]hYf\hY'HY]`XYg
6fi ghVY]bg'Ui Z'XYa 'X]Y'?Ø\Y``]Y[Yb' ' [Yg\W b]hhYb'k]fX"

5f\hYb'XYf'< YfghY``i b[

GU'nZY]g\W']gh'b]W\ h'bi f'k YgYbh]W\ ' \U'h\hUfYf'U'g': f]g\W ZY]g\W \Z
gcbXYfb'Ui \W'Ufc a Uh]g\W Yf'8U\Yf'g]bX'X]Y
5bk YbXi b[ga \O[`]W\ _Y]hYb'j]Y'Z\h][``I bX'b]W\ h'bi f'XUg.
GU'nZY]g\W']gh'b]W\ h[`Y]W\ 'GU'nZY]g\W \Z'XYbb'Yg'[]Vh'i bn\h'`][Y
5f\hYb'XYf'< YfghY``i b[``A U'k]fX'Yg' 'A\ b']W\ 'k]Y'7cfbYXVYYZ'
a]h'j]Y'Yb'5fca UhYb'[Yd\h'Y'fU``YfX]b[g'bi f'a]h'A YYfgU'n'i bX

B = 9'a]jh'DÒ_Y`gU`nž'k Y]`Y]b`I a fÒhYb`'ja`'; Y[YbgUhni a
7cfbYXVYYZ`'a Y]ghYbg`b]W h`Yfk ØbgW h]ghž'Y]b`UbXYfYg`A U`
YVYb`bi f`]b`GU`n`Y]b[Y`Y[h`i bX`Ub gW]Y» YbX`Y]b`dUUf`HU[Y
`i Zh[YhfcW_bYh`'6Y]`YfghYfYa`'J YfZU\fYb`X]Ybh`XUg`DÒ_Y`b`XYf
< U`hVUf_Y]hž'VY]a`'Nk Y]hYb`'Y[h`a Ub`XUg`'`Y]gW`]b`GU`n`Y]bži a
Y]bYb`K UggYf!9b hni [`ni`Yfn]Y`Ybž`XYf`XUbb
; YgW a UW_gj YfghÀf_YbX`k]fX"FY]bYg`GU`nZY]gW`'`k]Y`]a`'nk Y]hYb
J YfZU\fYb`'`k]fX`j cf`U`Ya`'ZØf`Gi ddYb`i bX`9]b`hØdZY`j Yfk YbXYh`
_Ui a`'Y]b`; i`UgW`cXYf`7\`]]`gW a YW_h`VYggYf`U`g`gc`W`Ygž`XUg
Ui g`GU`nZY]gW`'`Yf[YghY`h`k i fXY`'`bX`; Ya ØgY!9]b`hØdZY`f`j cf
U`Ya`'a]h`?c`'[Ya ØgYž`VY]`XYbYb`GU`nZY]gW`'U`g`; Yk Øfn
j Yfk YbXYh`k i fXYž`]gh`Y]bY`[YgW a UW`]W`Y`G`YbgUh]cb"

⌚`9b[`UbX`k]fX`GU`nZY]gW`'U`YfX]b[g`ni a Y]gh`a]h`j]Y`Yb
5fca UhYb`'`Yf[YghY`hž`k Y]`Yg`'`À`b`]W`k]Y`XUg`Ua`Yf`_Ub]gW`Y
DUghfUa`]`j cf`U`Ya`'`b`i bX`Ui`ZGUbXk`]W`Yg`'`UbXYh`'A`Ub`_Ubb
GU`nZY]gW`'`Ui`W`XØbb`k]Y`Y]bY`K`i fghk`UfY`Ui`ZgW`bY]XYb`cXYf
Ui`W`]b`Yh`Ug`X]W`YfYb`G`W`Y]VYb`fk`]Y`Ui`Z`XYa`'`chcL`'9]b`Yg`]gh
UVYf`]b`VY]XYb`'`À`Yb`g]W`Yf`'`a`]h`Y]b`Y`'`Y`W`h`Yb`'`Ui`g`[Ya`U`W`h`Yb
GU`h`6`YYZV]YhYb`g]Y`'`f`Yb`'`?`i`b`XYb`Yh`Ug`'`b`X`j`]Xi`Y`Yg`'`G]Y
_Øbb`Yb`XUg`GU`h`VY`Y`Zf]gW`'`ZØf`X`Yb`'`<`Ui`g`[YVfUi`W`'`Ub`V]YhYb`c`XYf
Ui`W`'`[Y_c`W`h`i`bX`Ui`Z`[YgW`b]h`Yb`]b`'`cfa`'`XYg`'`Y`[YbX`À`f`Yb`'`6f]h`
GU`h`VY`Y`Z`GU`b`Xk`]W`Yg`"

6f]h! GU`h`V`Y`Y`Z`GU`b`Xk`]W`Yg

8`U`ZØf`V`Yb`Øh`[h`a`Ub`f`ZØf`'`V]g`'`%`&`DY`f`g`c`b`Y`b`L`&`ž`'`V]g`'`'`_`[`V`f]g`_Yh
f`F`]b`XY`f`V`f`i`ghž`j`cb`'`V`Y`]b`U`Y`'`U`Y`a`'`Y`h`h`V`Y`Z`Y`]h`f`Y`f`g`U`h`n`k`Y`]g`Y.
HU`Z`Y`gd`]h`n`ž`'`%`V`g`'`?`b`c`V`'`U`i`W`_b`c`'`Y`b`ž`'`%`&`D`a`Y`b`h`_Ø`f`b`Y`f`ž`'`V`g`'*
GhØW`'`A`i`g`_U`h`V`Ø`h`Y`'`f`A`U`W`g`ž`-`'`V`g`'`%`9`@`?`c`f`]U`b`X`Y`f`g`U`a`Y`b`ž`'*`V`g`'`
@`c`f`V`Y`Y`f`V`'`À`h`h`Y`f`ž`'*`V`g`'`'`N`k`Y`][Y`'`H`\`ma`]`U`b`ž`'`\$`'`[`6`f`U`i`b`Y`f
F`c`\\`f`n`i`W`_Y`f`ž`'`n`Y`f`g`h`c`'`Y`b`Y`'`g`W`k`U`f`n`Y`'`D`Z`Y`Z`Y`f`_Ø`f`b`Y`f`'`i`b`X`'*`\$`'`[
A`Y`Y`f`g`U`n`'`5`i`'`Y`f`X`Y`a`'`&`[YgW`À`h`Y`'`N`k`]`Y`V`Y`'`b`ž`a`]`h`Y`k`Y`]`g`'`&`'`V`g`'`
B`Y`'`Y`b`'`[Y`g`d`]W`h`ž`'`&`Gh`U`b`[Y`b`'`Gh`U`i`X`Y`b`g`Y`'`Y`f`]`Y`'`i`b`X`'*`6`i`b`X`
DY`h`Y`f`g`]`Y`"

K`]Y`a`Ub`%`a`U`W`h

8 Ug': `Y]gW\`Ui Z: `UW\gYb\`GY\`bYb\`i bX\`ØVYfgW\Øgg][Yg': Yhh
i b\hYfgi W\Yb\`VY]`6YXUfZ`dUf]YfYb" `9]bYb\`HcdZ'a\`jh\`[i h\`[@]hYfb
K UggYf\`Ui Z'XYb\`<YfX\`ghY\`Yb\`XUbb\`GU\`n\`Fc\`fni W\Yf\`
D]a Ybh\`ØfbYf\`A i g\`UhV\`ØhYb\`?cf]UbXYfgUa\`Yb\`@cfVYYfV\`ÀhYf\`
H\`ma]Ubnk Y][Y\`i bX\`[Yghc\`YbY\`DZYZZYf\`ØfbYf\`]bY]b[YVYb"
9]ba U\`Ui Z_cW\`Yb\`UggYb\`XUbb\`<]hnY\`Ui ggW\`U\`hYb\`i bX\`XYb
GU\`n[Y\`U\`h\`ØVYfdfØZYb\`XUZØf\`Y]b\`9]`]b\`X]Y\`@Ogi b[``Y[Yb\`
gW\`k]a a h\`Yg\`cVYb\`gc\`dUggh\`XYf\`GU\`n[Y\`U\`h\`g]b\`h\`Yg\`UV\`a i gg
bcW\`GU\`n\`XUni [YVYb\`k YfXYb\`A Uf]bUXY\`UV\`Ø\`Yb\`UggYb\`

9]bY\`gUi VYfY\`gY\`f\`[i h\`j YfgW\`]Y\`VUfY\`D\`Ugh]_W\`b\`hU]bYf
dUggYbXYf\`f\`O\`Y\`fKUg\`[Y]gW\`gc\`hY\`[i h\`]bY]b[Y\`Y[h\`k YfXYb
_ØbbYb\`bY\`a Yb\`i bX\`XUg\`UV[Yk\`]gW\`hY\`[Y]gW\`]bY]b\`Y[Yb\`
<U\`V]YfhY\`?bcV\`Ui W\`_bc\`Y\`XUni [YVYb\`i bX\`a]h\`XYf\`A Uf]bUXY
ØVYf[]Y\`Yb\`9]bY\`G\`W\`ØggY\`fbXYf\`Y]bYb\`5VghUbX\`U\`hYf\`Ui Z\`XUg
: `Y]gW\`ghY\`Yb\`XUa]h\`X]YgYg\`j c\`_ca a Yb\`j cb\`A Uf]bUXY\`VYXYW\`h
]b\`XYf\`K UbbY\`]Y\`h\`fX]Y\`G\`W\`ØggY\`Vnk\`X\`Yf\`5VghUbX\`U\`hYf\`
XfØW\`h\`XUg\`[Y]gW\`Xi fW\`XYb\`8Y\`W\`Y\`bUW\`i b\`hYb\`/a]h\`8Y\`W\`Y\`
j YfgW\`]Y\`Yb\`i bX\`]b\`XYb\`?Ø\`gW\`fUb\`ghY\`Yb\`8Ug\`[Y]gW\`
a]b\`XYghYbg\`&\`HU[Y\`ZØf\`Y]b\`j c\`Yg\`5fc a U\`a Uf]b\`YfYb\`UggYb\`fk cVY\`
V]g\`ni\`&\`HU[Y\`ZØf\`Y]b\`j c\`Yg\`5fc a U\`a Uf]b\`YfYb\`UggYb\`fk cVY\`
XUbb\`gW\`cb\`Y]b\`9ZZY\`h\`XYg\`l a f\`ØhYbg\`Y]b\`gYh\`nYb\`k]fX\`/XUVY\`
h\`A\`[`]W\`a]h\`<]Z\`Y]bYf\`?ØW\`YbnUb[Y\`k YbXYb\`fb]W\`h\`a]h\`XYb\`
:]b[Yfb\`Ub[fY]Z\`Yb\`i bX\`]a a Yf\`XUfUi Z\`UW\`hYb\`XUgg\`XUg\`[Y]gW\`
j cb\`A Uf]bUXY\`VYXYW\`h]gh\`

5a\`HU[`XYf\`Ni VYfY]hi b[`XUg\`[Y]gW\`Ui g\`XYf\`A Uf]bUXY\`YVYb
i bX\`A]bi hYb\`i b\`hYf\`_U\`hY\`a\`K UggYf\`UVgdØ\`Yb\`cXYf\`Àb[Yf
a Uf]b\`YfhYg\`[Y]gW\`\$`A]bi hYb\`k \`AggYfb\`8Ug\`[Y]gW\`]b\`Y]bYb
[fc\`Yb\`HcdZ'a\`jh\`K UggYf\`[YVYb\`fb\`cXUgg\`XUg\`[Y]gW\`VYXYW\`h]gh\`
i bX\`a]h\`A]hhY\`]hnY\`Ui Z_cW\`Yb\`UggYb\`/Ui ZhfYhYbXYb\`G\`W\`Ui a
UVgW\`ØdZYb\`B UW\`Y]bYf\`Ghi bXY\`[Ygd]W\`hY\`Nk\`]YVY\`z\`GY\`Yf]Y\`i bX
DYhYfg\`[Y\`XUni [YVYb\`i bX\`XUg\`[Y]gW\`]b\`k Y]hYfYb\`&\`V]g\`
Ghi bXYb\`gY\`f\`k Y]W\`[UfYb\`8Ug\`[Y]gW\`YfUi g\`YVYb\`Yg\`XUfZ
XUVY\`fi\`[`]Ui gY]bUbXYfVfYW\`Yb\`i bX\`Ui Z\`Y]bYf\`D\`UhhY
Ub\`f]W\`hYb\`J cf\`XYa\`5i ZgW\`bY]XYb\`[A]bi hYb\`fUghYb\`UggYb\`XUbb
ei Yf\`ni f\`UgYf\`]b\`X]W\`YfY\`G\`W\`Y]VYb\`[YgW\`b]hYb\`Ui Zh]gW\`Yb\`

A Ub "]ggh'XUg'GU`nZY]gWX 'a]h'GYbZ'VYghf]WX YbYa '@UbXVfchž
; fU\Ua Vfchž'Jc ``_cfbVfch'i "À" U`g'GUbXk]WX ž'XUni '[]Vh g'D]W_`Yg"
K Yf'a U[ž'hf]b_h'X]Y 'Xi fWX 'Y]b ? ØWX Ybhi WX '[YZ]`hYfhY '6fØ\Y 'XUni
'cXYf'XcWX ``]YYf'Y]b 'Zf]gWX '[YnUdZhYg'6]Yf" 'FYghY ' _ØbbYb ']a
? Ø\ `gWX fUb_ 'Ui ZVYk U\fh'i bX 'gdÀhYf '[YbcggYb 'k YfXYbž'XYbb 'XUg
GU`nZY]gWX 'gWX a YWX_h'Ui WX '_U`h'Ui g[YnY]WX bYh"

6Ygi WX Yb 'G]Y 'i bg'Ui Z 'ZY]gWX i bXWX "Uh