

The Brit' Salt-Beef

Salzfleisch ist nicht nur haltbarer als Frischfleisch, sondern auch aromatischer. Die Anwendungsmöglichkeiten sind vielfältig



...

H\Y`6f]h`GU`h!6YYZ`]gh`k c\`Y]bYg`XYf`VYghYb`i bX
gW\ a UW_\UZhYghYb`F YnYdhY`Ui g`XYf`Yb[`]gW\Yb`? ØW\Y`i bX`Y]bYg
j cb`XYb`[Ub`n`ZY]bYb`F]bXZY]gW\ fYnYdhYb`ØVYf\Ui dh` ``Y]XYf`]b
XYf`Ni VYfY]hi b[`fgY\ fE`Ui Zk YbX][`i bX`nY]hfUi VYbX`fk]Y`gc`j]Y`Y
gYbgUh]cbY``Y` ; Yf]W\ hY E"GU`nZY]gW\ `[]Vh`Yg`]b`9b[`UbX
f]bgVYgcbXYfY`]b`@cbXcbE`Ui Z`X]j YfgYb` : Ufa Yfg`A Uf`_Yhg`ni
_Ui ZYbž`XUg`6YghY`ghUa` a`h`k U\fgW\Y]b`]W\`j cb`F Ub[Yf`C f[Ub]Wg
Ua`A UfmYVcbY`6Ui Yfba Uf`_h]b`@cbXcbž`k c`a Ub`XUg
dfY]g[Y`_fØbhY`F]bXZY]gW\`j cb`H\Y`< UfXk`]W`_9ghUhY`VY]`F YUX]b[
VY`_ca`a`h"

9g`a UW\h`_Ui`a`G]bb`Y]b`GU`nZY]gW\`Ui`g`F]bXZY]gW\ghØW`Yb
ni ni VYfY]hYbž`k Y`W\Y`k Yb][Yf`U`g`&ž) `_ [`k`]Y[Yb""5``YfX]b[g`c`b`h
X]Y`A Ø\Yž`XYbb`a Ub`k`]fX`Ui W\`_Ui`a`Y]b`UbXYfYg`[Y`_cW\hYg
F]bXZY]gW\`VY`_ca`a Ybž`XUg`Ufca`Uh]gW\Yf`gW\ a YW`_h"GU`nZY]gW\
]gh`a`]h`Y]b`k`Yb][`J`Yfgh`ÅbXb]g`ZØfg`A Uf]b]YfYb`fYW\h`Y]W\h
ni ni VYfY]hYbž`XcW\`a`i`gg`a Ub`XUVY]`Ui ZdUggYbž`XUgg`a Ub`XUg
: `Y]gW\`fj`cf`U``Ya`k`Å\ fYbX`XYg`A Uf]b]YfYbgE`b]W\h`a`]h`XYb
:]b[Yfb`VYfØ\fh`i bX`gc`i`bbØh][`6U`_hYf]Yb`_i`h`i fYb`]b`X]Y
A Uf]bUXY`Vf]b[`h`gUi VYfYg`5fVY]hYb`fj`cfni`[gk`Y]gY`a`]h
D`Ugh]_`UbXgW\i`YbE`]gh`U`gc`_\Yf`[Ub`n`VYgcbXYfg`[YVchYb"

5a`VYghYb`Y][bYh`g]W\`XUg`gc[YbUbbhY`6f]g`_Yh`ZØf`X]Y
Ni VYfY]hi b[`j cb`GU`nZY]gW\ž`Y]b`gdYn]Y``Yg` : `Y]gW\hY]`ž`k Y`W\Yg
Ui g`XYf`6fi gh`Vnk``XYf`i`bhYfYb`6fi gh` `Y]b`Yfk`Y]hYfhYf`HY]`XYg
6fi ghVY]bg`Ui Z`XYa`X]Y`? Ø\Y``Y[Yb` `[YgW\b]hYb`k`]fX"

5fhYb`XYf`< YfghY``i b[

GU`nZY]gW\`]gh`b]W\h`bi`f`k YgYbh]W\`_U`hVUfYf`U`g` : f]gW\ZY]gW\ž
gcbXYfb`Ui W\`Ufca`Uh]gW\Yf""8U\Yf`g]bX`X]Y
5bk YbXi b[ga`Ø[`]W\`_Y]hYb`j]Y`Z`Å`h][``i bX`b]W\h`bi`f`XUg.
GU`nZY]gW\`]gh`b]W\h`[`Y]W\`GU`nZY]gW\ž`XYbb`Yg`[]Vh`i bn`Å`\][`Y
5fhYb`XYf`< YfghY``i b[``A U`k`]fX`Yg` `Å\`b`]W\`k`]Y`7cfbYXVYYZ`
a`]hj]Y`Yb`5fca`UhYb`[YdØ`_Y`h`fU``YfX]b[g`bi`f`a`]h`A YYfgU`n`i bX

B 9'a]hD0_Y`gU`nž`k Y]`Y]b`l a f0hYb` `ja `; Y[YbgUhm`ni a
7cfbYXVYYZ` `a Y]ghYbg`b]W`hYfk 0bgW`h]ghž`Y]b`UbXYfYg`A U`
YVYb`bi f`]b`GU`n`Y]b[Y`Y[h`i bX`Ub gW`]Y» YbX`Y]b`dUUF`HU[Y
`i Zh[YhfcW`bYh`6Y]`YfghYfYa `J YfZU`fYb`X]Ybh`XUg`D0_Y`b`XYf
<U`hVUf_Y]hž`VY]a `Nk Y]hYb``Y[h`a Ub`XUg`:`Y]gW`]b`GU`n`Y]bž`i a
Y]bYb`K UggYf!9bhni [`ni `Yfn]Y`Ybž`XYf`XUbb
; YgW`a UW_gj Yfgh`f_YbX`k]fX`F Y]bYg`GU`nZY]gW` `k]Y`ja `nk Y]hYb
J YfZU`fYb` `k]fX`j cf`U`Ya `Z0f`Gi ddYb`i bX`9]bh0dZY`j Yfk YbXYh/
_Ui a `Y]b`; i `UgW`cXYf`7`])`gW`a YW`h`VYggYf`U`g`gc`W`Ygž`XUg
Ui g`GU`nZY]gW` `Yf[YghY`h`k i fXY`"i bX`; Ya 0gY!9]bh0dZY`f] cf
U`Ya `a]h`?c`[Ya 0gYž`VY]`XYbYb`GU`nZY]gW`U`g`; Yk 0fn
j Yfk YbXYh`k i fXYž`]gh`Y]bY`[YgW`a UW`]W`Y`GYbgUh]cb"

0`9b[`UbX`k]fX`GU`nZY]gW`U`YfX]b[g`ni a Y]gh`a]h]]Y`Yb
5fca UhYb`Yf[YghY`hž`k Y]`Yg` `A`b`]W`k]Y`XUg`Ua Yf]_Ub]gW`Y
DUghfUa]` j cf`U`Ya `]b`i bX`Ui Z`GUbXk]W`Yg`UbXYh`A Ub`_Ubb
GU`nZY]gW` `Ui W`X0bb`k]Y`Y]bY`K i fghk UfY`Ui ZgW`bY]XYb`cXYf
Ui W`]b`Yhk Ug`X]W`YfYb`GW`Y]VYb`fk]Y`Ui ZXYa `: chcž`9]bYg`]gh
UVYf`]b`VY]XYb`:`A`Yb`g]W`Yf.`a]hY]bYa `YW`hYb`_Ui g[Ya UW`hYb
GU`h!6YYZ`V]YhYb`g]Y`]fYb`?i bXYb`Yhk Ug`0X]j]Xi Y`Yg`G]Y
_0bbYb`XUg`GU`hVYYZ`Zf]gW`Z0f`XYb`<Ui g[YVfUi W`UbV]YhYb`cXYf
Ui W`[Y`cW`h`i bX`Ui Z[YgW`b]hhYb`]b`:`cfa `XYg`Y[YbX`fYb`6f]h!
GU`hVYYZ`GUbXk]W`Yg"

6f]h!GU`hVYYZ!GUbXk]W`Yg

8UZ0f`VYb0h][h`a Ub`fZ0f`,`V]g`%&`DYfgcbYbž`&ž) `V]g`'`_[`Vf]g_Yh
fF]bXYfVfi ghž`]cb`VY]bU`Y`U`Ya `: Yhh`VYZfY]h`fYfgUhnk Y]gY.
HUYZ`gd]hnž`%`V]g`&`?bcV`Ui W`_bc`Ybž`%&`D]a Ybh_0fbYfž`(`V]g`*
Gh0W`_A i g_UhV`0hY`fA UW]gž`- `V]g`%`9@`?cf]UbXYfgUa Ybž`*`V]g`,
@cfVYYfV`A`hYfž`*`V]g`,`Nk Y][Y`H`ma]Ubž`) \$`[`6fUi bYf
Fc`fni W`Yfž`nYfghc» YbY`gW`k UfnY`DZYZZYf_0fbYf`i bX`*) \$`[
A YYfgU`n`5i » YfXYa `&`[YgW`A`hY`Nk]YVY`bž`a]h`Yk Y]g`&`V]g`
BY`_Yb`[Ygd]W`hž`&`GhUb[Yb`GhUi XYbgY`Yf]Y`i bX`%`6i bX
DYhYfg`]Y"

K]Y`a Ub%`a UW`h

8 Ug': `Y]gW\ `Ui Z': `UW\ gYbž'GY\`bYb`i bX`ØVYfgW\Øgg][Yg': Yhh
i bhYfgi W\Ybž'VY]'6YXUfZ'dUf]YfYb""9]bYb`HcdZ'a]h'[i h'(`@]hYfb
K Uggyf`Ui Z'XYb`<YfX`ghY`Ybž'XUbb`GU`nž'F c\`fni W_Yfž
D]a Ybh_ØfbYfž'A i g_UhV`ØhYbž'?cf]UbXYfgUa Ybž`@cfVYYfV`ÄhhYfž
H\ma]Ubni Y][Y`i bX`[Yghc»YbY`DZYZYf_ØfbYf`\\]bY]b[YVYb"
9]ba U`Ui Z_cW\Yb`UggYbž'XUbb`<]hY`Ui ggW\U`hYb`i bX`XYb
GU`n[Y\U`hØVYfd'fØZYb`'XUZØf`Y]b`9]`b`X]Y`@Øgi b[`Y[Ybž
gW\k]a`a`h`Yg`cVYb`gc`dUggh`XYf`GU`n[Y\U`hž'g]b`h`Yg`UV`a`i`gg
bcW\`GU`n`XUni [YVYb`k`YfXYb""A Uf]bUXY`UV_Ø\`Yb`UggYb"

9]bY`gUi VYfYž'gY\`f'[i h] YfgW\`Y]»VUfY`D`Ugh]_W`bhu]bYf
dUggYbXYf'; fØ»Y`fXUg': `Y]gW\`gc`hY`[i h`\]bY]b[Y`Y[h`k`YfXYb
_ØbbYbŁ`bY\`a`Yb`i bX`XUg`UV[Yk`]gW\hY': `Y]gW\`\\]bY]b`Y[Yb"
<U`V]YfhY'?bcV`Ui W_bc`Y`XUni`[YVYb`i bX`a`]h`XYf`A Uf]bUXY
ØVYf[]Y»Yb""9]bY`GW\ØggY`fŁ`XYf`Y]bYb`5VghUbX\U`hYfŁ`Ui Z`XUg
:`Y]gW\`ghY`Ybž'XUa`]h`X]YgYg`j`c`_ca`a`Yb`j`cb`A Uf]bUXY`VYXYW_h
]b`XYf`K`UbbY`Y]Y[h`fX]Y`GW\ØggY`'Vnk`"XYf`5VghUbX\U`hYf`
XfØW_h`XUg': `Y]gW\`Xi`fW\`XYb`8YW_Y`bUW\`i bhYbŁ`/a`]h`8YW_Y`
j`YfgW\`Y]»Yb`i bX`]b`XYb`?Ø\`gW\fUb`_ghY`Yb""8 Ug': `Y]gW\
a`]bXYghYbg`&`HU[Y`ZØf`Y]bYb`nUfhYb`i bX`a`]`XYb`; YgW\`a`UW`c`XYf
V]g`ni`&\$`HU[Y`ZØf`Y]b`j`c`Yg`5fca`U`a`Uf]b]YfYb`UggYb`fk`cVY]
XUbb`gW\cb`Y]b`9ZY`_h`XYg`l`a`fØhYbg`Y]bgYhnYb`k`]fXŁ`/XUVY]
hÄ[`]W\`a`]h`<`]ZY`Y]bYf'?ØW\YbnUb[Y`k`YbXYb`fb]W\h`a`]h`XYb
:`]b[Yfb`Ub[fY]ZYbŁ`i bX`]a`a`Yf`XUfUi Z`UW\hYbž'XUgg`XUg': `Y]gW\
j`cb`A Uf]bUXY`VYXYW_h`]gh"

5a`HU[`XYf`Ni VYfY]hi`b[`XUg': `Y]gW\`Ui`g`XYf`A Uf]bUXY`\\YVYb
i bX`) `A`]bi`hYb`i bhYf`_U`hYa`K Uggyf`UVgdØ`Yb`c`XYf`Äb[Yf
a`Uf]b]YfhYg': `Y]gW\`'`\$`A`]bi`hYb`k`ÄggYfb""8 Ug': `Y]gW\`]b`Y]bYb
[fc»Yb`HcdZ'a`]h`K Uggyf`[YVYb`f'bc`XUgg`XUg': `Y]gW\`VYXYW_h`]ghŁ
i bX`a`]h`A`]hhY`\]hY`Ui Z_cW\Yb`UggYb`/Ui ZhfYhYbXYb`GW\Ui`a
UVgW\ØdZYb""B UW\`Y]bYf`Ghi`bXY`[Ygd]W_hY`Nk`]YVY`ž'GY`Yf]Y`i bX
DYhYfg`]Y`XUni`[YVYb`i bX`XUg': `Y]gW\`]b`k`Y]hYfYb`&`V]g`'
Ghi`bXYb`gY\`f`k`Y]W\`[UfYb""8 Ug': `Y]gW\`\\YfUi`g\\YVYb`'`Yg`XUfZ
XUVY`]fi`\\[`Ui`gY]bUbXYfVfYW\Yb`'i bX`Ui ZY]bYf`D`UhhY
Ubf]W\hYb""J cf`XYa`'5i`ZgW\`bY]XYb`) `A`]bi`hYb`fUghYb`UggYbž'XUbb
ei`Yf`ni`f': UgYf`]b`X]W_YfY`GW\Y]VYb`[YgW\`b]hhYb`Ui`Zh]gW\Yb"

A Ub`]ggh`XUg`GU`nZY]gW`a`]h`GYbZ`VYghf]W`YbYa` `@UbXVfchž
; fU`Ua` Vfchž`J`c``_cfbVfch`i` "À"U`g`GUbXk`]W`ž`XUni` `[`]Vh`g`D]W`_`Yg"
K`Yf`a` U[`ž`hf]b`_h`X]Y`Xi` fW`_`Y]b`?ØW`Ybhi` W`_`[`YZ]`hYfhY`6fØ`Y`XUni
`cXYf`XcW`_`]YVYf`Y]b`Zf]gW`_`[`YnUdZhYg`6]Yf`F`YghY`_`ObbYb`]a
?Ø`_`gW`fUb`_`Ui` ZVYk`U`fh`i` bX`gd`ÀhYf`[`YbcggYb`k`YfXYbž`XYbb`XUg
GU`nZY]gW`_`gW`a` YW`_h`Ui` W`_`_U`h`Ui` g[`YnY]W`bYh"

6Ygi`W`Yb`G]Y`i`bg`Ui`Z`_`ZY]gW`i`bXW`"Uh