

Nicht nur mit Essig und Öl

Das Universum an Wurstsalat-Rezepten ist nicht überschaubar, dennoch wurden ein paar von ihnen zu echten Küchenklassikern



K Ybb'j ca 'K i fghgU`Uh'X]Y'FYXY']ghž'gc'XYb_Yb'X]Y'a Y]ghYb
A YbgWXYb'Ub'X]Y'a]h'9gg]['i bX'2`'Ub[Ya UWXhY'9I hfUk i fghž
k Y'WXY'U``YbZU``g'bcWX'a]h'Nk]YVY`f]b[Ybž']b'gY`hYbYfYb'
VYggYfYb'''J Uf]UbhYb'Ui WX'bcWX'a]h'GhY]f]gWXYa '?ØfV]g_YfbÒ`
j YfZY]bYfh'k cfXYb']gh''': cfh[YgWXf]hhYbYb'ZÀ``h'Ui WX'bcWX'XYf
GWXkY]nYf'K i fghgU`Uh 'Y]bž'k Yb][Yb'j]Y``Y]WXh'Ui WX'bcWX'XYf
#U`]Yb]gWXY'K i fghgU`Uh 'a]h'A UmcbbU]gYž'XYf']b'XYf'VY]'i bg
[YVfÀi WX`]WXYb'J Uf]UbhY']b'#U`]Yb'gY`Vgh'gc'[i h'k]Y'i bVY_Ubbh
]gh'''GWXUXY'Y][Ybh']WXž'XYbb'XUg'H\Ya U'K i fghgU`Uh']gh'VY]
[YbUi YfYf'6YhfUWXhi b['Y]b'gY\f'j]Y`gY]h][Yg'i bX
j Uf]UbhYbfY]WXYgž'XUg'k Y]h'ØVYf'X]Y'ØV`]WXYb'GhUbXUfXg'cXYf'[Uf

; YbYfY``_Ubb'a Ub'Ui g'Y[`]WXYf'K i fghk UfY'Y]bYb'K i fghgU`Uh \YfghY``Yb"'5a 'k Y]hYghYb'j YfVfY]hYhg]bX'YXcWX
[YgWXa UW_gbYi hfU`YfY'K i fghgcfhYb'k]Y'DUf]gYfž'@mcbYfž
A cfhUXY``Už': `Y]gWX!'cXYf'9I hfUk i fgh'k Y]``g]WX'X]YgY'gY\f
j]Y`gY]h]['_ca V]b]YfYb'`UggYb"'+b'nk Y]hYf'FY]\Y'ghY\Yb'XUbb'X]Y
GU`UhY'Ui Z'6Ug]g'j cb'Gi `nYb'i bX'5gd]_"'K Yb][Yf'ØV`]WX''UVYf
b]WXh'a]bXYf'_Ogh`]WX''g]bX'XUbb'X]Y'K i fghgU`UhY'a]h'6`i bn bž
GU`Ua]'fVnk "'`i Zh[YhfcW_bYhYb'Fc\k ØfghYbŁ'cXYf'6fUhk ØfghYb"?i`]bUf]gWX'gY\f'gdUbbYbX'g]bX'j cf'U``Ya 'X]Y'GU`UhY'Ui g'Zf]gWX
[Y[f]``hYb'fFcgh!Ł6fUhk ØfghYb'/'7cž'k]Y'g]Y'XcWX'XYb'a Y]ghYb
?cbgi a YbhYb'b]WXh'[Y`Ài Z]['g]bX'i bX'gc'ZØf'bYi Y
; YgWXa UW_gYf`YVb]ggY'gcf[Yb"

?fYUh]j 'i bX'Zf]gW\'ni VYfY]hYh'g]bX'K i fghgU`UhY' ']bgVYgcbXYfY ni gUa a Yb'a]h'_bi gdf][Ya '6Ui YfbVfch' 'hc``Y ; YgW\a UW_gYf`YVb]ggY

?`Ugg]_Yf

8 Ugʻl b]j Yfgi a ʻUbʻK i fghgU`Uh!FYnYdhYbʻ]ghʻb]W\hʻØVYfgW\Ui VUfž XYbbcW\'k i fXYbʻY]bʻdUUfʻj cbʻ]\bYbʻni 'YW\hYb ?ØW\Yb_`Ugg]_Yfb.`8 Uʻ]ghʻni bÀW\ghʻY]ba U``XYfʻ_`Ugg]gW\Y K i fghgU`Uh`ni `bYbbYbž'XYf`Ui g`@mcbYf`ni `VYghY\Yb`\Uh`i bX`a]h
9gg][ž²`ž`Nk]YVY`bž'DYhYfg]`]Y`i bX`7cfb]W\cbg`Ub[Ya UW\h`k]fX`
FUX]YgW\Yb`g]bX`X]Y`ØV`]W\Y`; Ufb]hi f"`6Y]a `GW\kY]nYf`K i fghgU`Uh\UbXY`h`Yg`g]W\`i a `Y]b`DYbXUbh`Ui g`: `Y]gW\ki fghž'X]Y`a]h
?ÀgYghfY]ZYbž`Nk]YVY`bž'9gg][[i f_Yb`i bX`Yj h"`DUdf]_UghfY]ZYb
Ub[Ya UW\h`ki fXY"'8Yf`8Yi hgW\Y`K i fghgU`Uh`VYghY\h`[YbYfY``
Ui g`j YfgW\]YXYbYb`ZY]b[YgW\b]hhYbYb`K i fghgcfhYb`a]h`Nk]YVY`bž
; i f_Ybž'9gg][ž'²``i bX`UbXYfYb`k ØfnYbXYb`Ni hUhYbž'X]Y`]a `; Y]ghY
XYg`?cW\g`]Y[Yb"

8 Yfigc [Yb Ub b hY : #U`]Yb]gW.YiK i fghgU`Uhi]ghi ik]Y 'VYfY]hg
Ub [Ygdfc W.Yb ii]b : #U`]Yb igY`Vgh bU\Yni ii bVY_Ubbh/ij]Y`a Y\f
\Ub XY`hiYgig]W.ii a ii Y]bYi]b ii 2 ghYffY]W.ik Y]hij YfVfY]hYhY: cfa ii XYg
K i fghgU`UhYgiVY] ii XYa ini a Y]ghi9l hfUk i fghi]b ii ZY]bY ii GhfY]ZYb
[YgW.b]hhYb ik]fX ii bX ini gUa a Yb ia]hiZY]bYb ii AgYghfY]ZYb ii bX
k ØfnYbXYb iNi hUhYb i]b ii Y]bYfiA UmcbbU]gY!A Uf]bUXY ii UbXYh''
GW.`]Y»`]W.i]ghiUb ii X]YgYfiGhY``Yibc W.ii XYfi]a ii 9`gUggiVY`]YVhY
; fYbn[Àb[Yf!GU`UhiU`giVY_UbbhY: cfa ini ii Yfk À\bYbžiXYbb ii VY]
X]YgYfi\UbXY`hiYgig]W.ii a ii Y]bYiGdYn]U`]hÀhiUi gi7Yfj Y`Uhk i fghž
Hca UhYbži@Ui W.žif UX]YgW.Ybži?bcV`Ui W.ži; fi _Yb ii bXiY]bYf
d]_Ubh!k Øfn][Yb iA Uf]bUXY'''

±0'j]Y`Yb'HY]`Yb'6UmYfbg'i bX'2 ghYffY]W\g'_Ybbh'a Ub
i bhYfgW\]YX`]W\Y'J Uf]UbhYb'XYg'K i fghgU`Uhg'XYf'a]h'6`i hk ØfghYb
\Yf[YghY``h'k]fX'i bX']bgVYgcbXYfY']b'XYf'GhY]Yfa Uf_'`]YVh'a Ub
K i fghgU`UhY'Ui Z'6Ug]g'j cb'Gi `nYb'i bX'5gd]_ž'k Y]`'X]YgY
VYgcbXYfg'[i h'a]h'XYa'?ØfV]g_YfbÒ`\Ufa cb]YfYb"'8Yf
CW\gYba Ui `gU`Uh'i bX'XYf': `Y]gW\gU`Uh'g]bX']a', Vf][Yb
GcbXYfZcfa Ybž'nÀ\`Yb'UVYf'b]W\h'ni 'XYb'hfUX]h]cbY``Yb
K i fghgU`UhYb'k Y]`'g]Y'Ui g': `Y]gW\'i bX'b]W\h'Ui g'K i fgh']a
Y][Ybh`]W\Yb'G]bbY'\Yf[YghY``h'k YfXYb

$: \emptyset f X Y : f gWX Y h Y Y$

A Ub'g]Y\h'U`gcžk]Y'j]Y`gY]h]['i bX'_Ògh`]W\'XUg'H\Ya U
K i fghgU`UhY'gY]b'_ÒbbhYžkYbb'a Ub'g]W\'Y]b'kYb]['UVgY]hg'XYf
ØV`]W\Yb'DZUXY'VYkY[h'i bX'gY]bYf'?fYUh]j]h\Ah'ZfY]Yb'@Ui Z'`\Aggh''
; YfUXY']a 'Gca a Yf'g]bX'gc`W\Y'; Yf]W\hY'VY`]YVh'i bX'g]W\Yf'Y]bY

6YfY]WXYfi b['ZØf'XUg'Gcfh]a Ybh'k]Y'Ui WX'X]Y': f]gWXYh\Y_Y
['Y]WXYfa U» Yb' 'a Ub'gc'`hY'bi f'XUfUi Z'UWXhYbz'XUgg'a Ub']a
Gca a Yf'Y\Yf'Ui Z'Zf]gWXYz'gÀi Yf`]WXY'A Uf]bUXYb gYhnh'i bX'b]WXh
Ui Z'X]Y'j cf'U``Ya ']b'K]Yb'VY`]YVhYb'[Yni W_YfhYb': cfa Yb'''9g'[]Vh
nk Uf'Ui WX'ZØf'K i fghgU`Uh'FYnYdhY']b'XYbYb'Y]b'k Yb]['Ni W_Yf']b
X]Y'A Uf]bUXY'_ca a hz'XcWX']a 'Gca a Yf'gWXa YW_Yb'X]Y'fUgg][Ybz
Zf]gWX!gÀi Yf`]WXYb'g]WXYf'VYggYf''I bX'XYb_Yb'g]Y'XUfUb.'GÀi fY
a i gg'b]WXh'j ca '9gg]['U``Y]b'ghUa a Ybz'Ui WX'K Y]» k Y]bz'N]hfcbYb!
/ 'CfUb[YbgUZh'cXYf'[Uf'X]Y'Y]b[Y`Y[hYb'GU`n!N]hfcbYb'a]h']\fYa
\Yff`]WXYb'; YgWXa UW_`Y]ghYb'[i hY'8]YbghY''

Ni a 'GW\`i gg'bcW\Y]b'K cfhini 'XYb'Ub[YgdfcW\YbYb'k Ufa Yb K i fghgU`UhYbž'X]Y'VYgcbXYfg'gdUbbYbX'gY]b'_ObbYb'''6Y]gd]Y`.
Y]bY'_`Ugg]gW\Y'6fUhk i fgh'fa]h'ZY]bYa '6fAhk']b'\U'VnYbh]a YhYf X]W_Y'FUX'b'gW\bY]XYb'i bX'X]YgY']b'GW\a U\n'VY]XgY]h]['fÒghYb'' K i fgh'Ui g'XYf'DZUbbY'bY\a Yb'i bX'Nk]YVY`f]b[Y'ni gUa a Yb'a]h [Y\UW_hYa '?bcV`Ui W\i bX'DYhYfg]`]a '6fUhgW\a U`n'fÒghYb'' XUbUW\ni f'K i fgh'[YVYb''6fUhYbgUhn'a]h'K UggYf'i bX'9gg]['%.% [Ya]gW\h'`ÒgW\Ybž'XUbb'k Yb]['C`]j YbÒ'ž'Yhk Ug'GU`nž'Zf]gW\[Ya U\`YbYb'DZYZZYfž'Y]bY'Gd]hnY'8]'cb!GYbZ'i bX'Y]bY'Df]gY CfY[Ubc'XUni '[YVYb''8]Y'k Ufa Y'A Uf]bUXY'ØVYf'X]Y'K i fgh []Y\Ybž'j Yfa]gW\Yb'i bX'Ubf]W\hYb'''Jcf'XYa 'GYfj]YfYb'a]h [Y\UW_hYa 'GW\b]hh'Ui W\'VYghfYi Yb'i bX'a]h'Zf]gW\\[Yf]YVYbYa 7\]']'ftXYf'?fYbEdUfZØa]YfYb''

9`gÀggYf'K i fghgU`Uh

A Ub 'VYb Oh][h'%'_['_`Y]bY': `Y]gWk k ØfghY'c XYf'@mcbYf'fb XYf'Y]bY A]gWk i b['Ui g'VY]XYbŁž'&\$\$ 'V]g'&) \$'['6Uf][_Ug'fPa a YbhU`YfŁž'' V]g'('GWk U`chhYbž'K Y]b!'c XYf'7\Ua dU[bYfYgg][ž'_U`h[YdfYgghYg DZ UbnYbO`'fGcbbYbV`i a Yb'c XYf'8]ghY`O`Łž'%'A YggYfgd]hnY gWk UfZYf'8]'c b!GYbZz'GU`n'i bX'DZYZZYf'Ui g'XYf'A Ø\`Yz'DYhYfg]`]Y qck]Y'7cfb]Wk cbg'i bX'F UX]YgWkYb'U`q'; Ufb]hi f"

8]Y'K ØfghY'XYf'@Àb[Y'bUW\'\U`V]YfYb'i bX']b'ZY]bY'GhfY]ZYb'j cb a UI]a U`'%\$Wa '@Àb[Y'gW\bY]XYb'' 'U`hYfbUh]j ']b'ZY]bY'GW\Y]VW\Yb" K i fgh']b'j]Yf'h]YZY'HY``Yf'j YfhY]`Yb"'8Yb'?ÀgY']b'a UI]a U`'' Wa `Ub[Y'GhÀVW\Yb'gW\bY]XYb'cXYf'Ui W\'[fcV'fUZZY`b'' XUbb [`Y]W\a À»]['Ui Z'X]Y'K i fgh'ghfYi Yb"'GW\U`chhYb'i bX'DYhYfg]`]Y ZY]bgh'\UW_Yb'i bX'YVYbZU``g'Ui Z'XYb'GU`Uh'ghfYi Yb"'5i g'9gg][ž'²`i bX'GYbZ'Y]bY'`Y]W\h'Ya i `[]YfhY'Y\Yf'gW\UfZlk Øfn][Y'J]bU][fYhhY\YfghY``Yb'i bX'a]h'X]YgYf'XYb'GU`Uh'gY\f'[fc»nØ[]['ØVYf[]Y»Yb" 5``Yg'a]h'7cfb]W\cbg'i bX'FUX]YgW\Yb'[Ufb]YfYb'i bX'a]h cZYbZf]gW\Ya '6Ui Yfb!'cXYf'@UbXVfch'fb]Ya U`g'a]h'6U[i YhhY'Ł Ui Zh]gW\Yb"

.

6Ygi WXYb'G]Y'i bg'Ui Z. 'Z'Y]gWXi bXWc"Uh