

Grillhuhn ist in aller Munde

Auf fast allen Kontinenten kommt zur jeweiligen Grillsaison Geflügel auf den Rost, ja sogar in den BBQ-verliebten USA ist Huhn ein fixer Bestandteil von Grillfesten



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 $8]Y T fgdfØb[`]WX ghY A Yh\cXY XYg'; YZØ[Y`!; f]``Ybg']gh'X]Y Ua Gd]Y * ``ink Uf'[]Vh'Yg'bcWX 'A`hYfY'; Ufa Yh\cXYbž'UVYf'X]Y 'A\bY`b a Y\f'XYa '6fUhYb'cXYf'?cWXYb'''HUhgAWX`]WX']gh'XUg'Ua 'Gd]Y * [f]``Yb'V]g'\Yi hY'X]Y'cdh]a U`Y'A Yh\cXYž'; YZØ[Y`']a '; UbnYb'Ua cZZYbYb': Yi Yf'ni '[f]``Yb'']bgVYgcbXYfY'XUbbž'k Ybb'XYf'Gd]Y * Ui WX'bcWX'[`Y]WXa A*]['[YXfY\h'k]fXž'k Y]``XUg'; YZØ[Y``XUbb VYgcbXYfg'[`Y]WXa A*]['[Ufhž']bbYb'nUfh'i bX'gUZh][']gh'i bX bYVYbVY]'Y]bY'_bi gdf][Y'<Ui h'VY_ca a h''$

Ni XYa '_Ubb'a Ub'Ua 'Gd]Y \ast 'ni '[f]``YbXYg'; YZØ[Y``ZØ``Yb'cXYf a Uf]b]YfYbž'XU' 'k Ybb'a Ub']bX]fY_h'[f]``h' '_Y]bY'A Uf]bUXY']b'X]Y

; `i h'hfcdZh'i bX'Gh]W_ZUa a Yb'YfnYi [hž'k]Y'XUg'VY]a 'X]fY_hYb; f]``Yb'Ua 'Fcgh'XYf': U```k ÀfY"'8]Y'5fVY]h'Ua '8fY\gd]Y» 'k Uf']b NY]hYb'XYf'ZfUbnÒg]gW\Yb'<cW_ØW\Y'XYb'gc[YbUbbhYb FĐh]ggYi fg'j cfVY\U`hYb' '\cW\'Ub[YgY\YbY'?ÒW\Yž'X]Y'bUW\'XYa $7\YZ_cW$ 'X]Y'k]W\h][ghYb'DYfgcbYb']b'XYf'?ØW\Y'k UfYb" =a a Yf\]b'UfVY]hYhYb'g]Y''U'U W\'a]h'XYb'hYi YfghYb'Ni hUhYbž XYbb'b]W\'h'bi f'; YZØ[Y`'gcbXYfb'Ui W\': `Y]gW\'f]bgVYgcbXYfY H]YfY']a '; UbnYbŁ'k i fXYb'Ua 'Gd]Y» '[Y[f]``h"

<Yi hY ']gh'XUg'; f]``\i \b']b'U``Yf'A i bXY'i bX'ZUgh'gW\cb'gc'Yhk Ug
k]Y': UghZccX'[Yk cfXYb"'5VYf'b]W\h'bi f'XUg'<i \b'k]fX'Ua 'Gd]Y»

VYgcbXYfg'[i hz'gcbXYfb'Ui W\n' b[Y'9bhYb'`]YVYb'X]YgY
; Ufa Yh\cXY'i bX'j YfnØW_Yb'a]h'_bi gdf][Yf'<Ui h'i bX'gUZh][Ya
: `Y]gW\XYb'; Ui a Yb"'@Y]XYf'k]fX'XYa '[Y[f]``hYb'; YZØ[Y``\Yi hY
_Ui a 'XYf'GhY``Ybk Yfh'Y]b[YfÀi a hz'XYb'Yg'j YfX]Ybh'\AhY''8 Ugg
XUg'Ui W\nUbXYfg'[Y\hz'nY][h'VY]gd]Y`gk Y]gY'XUg'6Yf`]bYf'@c_U`
66E '?]hW\Yb "'; YbUi '[Ybca a Yb']gh'XYf'BUa Y'ZU`gW\n'[Yk À\`hz'
XYbb'Yg'\UbXY`hg]W\n'\]Yf'Y][Ybh']W\n' a 'Y]bY'YW\hY'F Dh]ggYf]Y
bUW\nZfUbn\ogg\g\XYa 'J cfV]`X"'\J'gc[Uf'X]Y'[i ggY]gYfbYb'; f]``Yf
g]bX'Cf][]bU`ghØW_Y'Ui g': fUb_fY]W\n' bX'hfchn'XYf''Y[YfYb
5ha cgd\AfY'i bX'Ub[YgW\ncggYbYa 'HU_Y!5k Um']gh'XUg'\]Yf'_Y]b
gW\b\OXYg': Ugh!: ccX!@c_U``fk]Y'Yg'g]W\n'gY`Vgh'VYnY]W\bYh\z
gcbXYfb'Y]b'Wcc`Yg'; f]``!@c_U``a]h'VYgcbXYfg'[i hYb'9bhYb'j ca
8 fY\gd]Y\n''</pre>

8]Y'JcfVYfY]hib[

J]Y`Y`a cXYfbY; f]``Yf`g]bX`a]h`Y]bYf; f]``gd]Y» Zi b_h]cb
Ui g[YghUhhYh":5``Y]b`Yf`k]fX`bi f`\ÒW\gh`gY`hYb`VYbi hnhž`kY]``X]Y
a Y]ghYb`<cVVm!; f]``a Y]ghYf``]YVYf`X]Y`ZYfh][`a Uf]b]YfhYb
; YZØ[Y`hY]`Y`Ui g`XYa `Gi dYfa Uf_h`Ui Z`XYb`Fcgh``Y[Yb` `a]h`XYf
Ub[YgdfcW\YbYb`DfcV`Ya Uh]_ž`XUgg`X]Y`A Uf]bUXY`]b`X]Y`; `i h
hfcdZhž`X]Y`<Ui h`gW\k Ufn`k]fX`i bX`XUg`]bgVYgcbXYfY`?Yi `Yb
a Y]gh`Ui »Yb`j Yf_c\`h`g]bX`VYj cf`g]Y`]bbYb`Ui W\`bi f`UbgUhnk Y]gY
[Yk Àfa h`q]bX"

; YZØ[Y`ž'XUg'b]W\h'a Uf]b]Yfh'k i fXYž'_Ubb'\]b[Y[Yb'bUW\'XYa; f]``Yb'Yhk Ug'hfcW Yb'i bX'ZUX'gW\a YW Yb"; YbUi '\]Yf' ÒbbhY

a Ub'U`g': `Y]gW\YfY]VYhf]YV'UbgYhnYb'i bX'XYa '?cbgi a YbhYb ZYfh]['a Uf]b]YfhY'< \emptyset \bYf'i bX'9bhYb'UbV]YhYb"

BUhØf`]WX:_Ubb'a Ub'XUg'; YZØ[Y``Ui WX'k]Y': `Y]gWX'dÒ_Y`b'i bX
a]h'5fca UhYb'k]Y'Nk]YVY`bž'?bcV`Ui WXž'@cfVYYfV`Uhhž
K UWXc`XYfVYYfYbž'BY`_Yž'\dagger [k Yfž'A UW]gž'Fcga Uf]bnk Y][Ybž
H\ma]Ubž'CfY[Ubcž'7\]`]gWXchYb'[Ubn'bUWX'6Y`]YVYb'j YfZY]bYfb"
5i WX:'9gg][ž'K Y]b'i bX'Gc'UgUi WY'_ÒbbYb'XYa ; YZ'Ø[Y``]b'XYf
DÒ_Y``U_Y'Y]bYb'k i bXYfVUfYb'; YgWXa UW_'[YVYb"

Gc 'UgUi WY']gh' 'bYVYb'GU_Yž'A]f]b'i bX'Ni W_Yf' 'Ui W\'Z]I Yf 6YghUbXhY]`'XYf'HYf]mU_]!GUi WYž'XYf'j]Y``Y]W\h'VY_UbbhYghYb'; f]``! A Uf]bUXY'5g]Ybgž'X]Y'j cf'U``Ya 'ZØf'; YZ'Ø[Y`'JYfk YbXi b['Z]bXYh/U``YfX]b[g'Y][bYh'g]W\'X]YgY'A Uf]bUXY'b]W\h'k]f_`]W\'[i h'ZØf'XYb; f]``!Gd]Y \rangle "

2 `! `i bX `ni W_Yf\A`h][Y `A Uf]bUXYb `g]bX `b]W\h'[YY][bYhž'k Ybb `a Ub X]fY_h; f]``Yb `k]``" 9g `[]Vh `nk Uf Y]b][Y `F Y[]cbU`_ØW\Yb `fk]Y `n"6" X]Y `? fYc`]gW\Y `XYf`_`Y]bYb `5bh]``Yb\z\Z\]Y `Yg``]YVYb `k Ybb `XUg; Uf[i h'ZUgh'j YfVfUbbh']ghz'UVYf`XUg`]gh'k YXYf`[YgW\a UW_`]W\bcW\ `[Ygi bX\Y]h`]W\ Ya dZY\`Ybgk Yfh" K Ybb `a Ub `VY]gd]Y`gk Y]gY <Ø\bYf_Yi `Yb `X]fY_h`[f]``Yb `a ÒW\hYz'gc `gc ``hY `a Ub `g]Y `Y]bZUW\bi f`gU`nYb `cXYf`nUfh'k ØfnYb `fa]h`k Yb][`DUdf]_Uz'k Y]``Ui W\ `X]YgYf ghUf_`ni W_Yf\U`h][`]gh'i bX'j YfVfYbbYb `_Ubb\z\za]h`N]hfcbYbgUZh Y]bfY]VYb `i bX']b :: f]gW\\U`hYZc`]Y `[Yk]W_Y`h`n]Y\Yb ``UggYb` XUbUW\ `_Ubb `a Ub `g]Y`VY]`a]`XYf`: `Ua a Y`X]fY_h`[f]``Ybz'c\bY XUgg`X]Y`A Uf]bUXY`Gh]W_Z`Ua a Yb YfnYi [h'cXYf'j YfVfYbbh'

5``YfX]b[g'Y][bYb'g]W\'ni $W_Yf!$ 'i bX'ZYhh\U`h][Y'A Uf]bUXYb k]YXYfi a '\Yfj cffU[YbX'ZØf'XUg'Ua Yf]_Ub]gW\Y'66E ž'XYbb'XUg

Gcf[ZÀ`h]['ni VYfY]hYh']gh'Ui W. 'XUg'Ub'g]W. 'fYW. h'a U[YfY'fl bX XU\Yf'b]W.h'Ui hca Uh]gW. '[i h'ZØf'XYb'; f]``'[YY][bYhY£'; YZØ[Y`Y]bY'8Y`]_UhYggY'i bX'k]YXYf`Y[h'XUg'j YfVfY]hYhY'Jcfi fhY]`ž'XUgg [Y[f]``hYg'<i\b'/'7C'XcW.'Y\Yf'hfcW_Yb'i bX'ZUX'gW.a YW_Yb"'8]Y ZYhh\U`h][YfY'9bhY']gh'XU\Yf'[fi bXgÀhn`]W. 'VYggYf'ZØf'XYb'; f]`` [YY][bYhž'U`g'XUg'Y\Yf'a U[YfY'<i\b' UVYf'XUg'_Ubb'a Ub'Y]a Yf'bcW.']bYb'GdYW_a UbhY``\Ø``Ybž'k Ybb'a Ub'Yg Ui ZdYddYb'k]``"

$7 \ W_Yb^A i ZZbg$

 $8] YgY : gdYn] Y```ni VYfY] hYhYb : < \emptyset \setminus bYf_Yi `Yb : f] a `Cf][] bU``k YfXYb Ui ggW`] Y `````] W```YbhYY] bhY : CVYf_Yi `Yb : j Yfk YbXYhŁ`\UVYb : j\fYb B Ua Yb `XU\Yfž `XUgg : g] Y : jb Y] bYf `A i ZZ] b!: cfa `[YVfUhYb : k YfXYb ž k Ug : j\bYb Y] bY : gW\` ObYž : [`Y] WA a \[A \]] [Y : cfa : j Yf `Y] \h'' K] Y `VY] j j] YYb : 6 UfVYW Y!J Uf] UbhYb : k] fX `Ui W `\] Yf `nk Y] ZUW : [Y[Ufh ni Yfgh : k YfXYb : X] Y : a Uf] b] YfhYb : ? Yi `Yb : VY] : k Yb] [`<] hnY : j cf[Y[Ufh fX Ug : `Y] gWX : gc ``hY : gc : k Y] WX : gY] b z X Ugg : Yg : ZUgh : j cb : U``Y] b Y : nYfZ\``hŁ i b X `UbgWX`] Y \gamma Yb X : k YfXYb : g] Y : a] h Y] b Ya : ; Ya] gWX : Ui g : Y] [Yb Ya 6 UhYbgUZhž : nYf `UggYbYf : 6 i hhYf : i b X 'Yhk Ug : gWX UfZYf : 6 UfVYW Y! GUi WY `VYghf] WX Yb `VY] [i hYf : <] hnY : [Y[f] ``h V] g X] Y : < Ui h : gc : k Y] WX] ghž X Ugg : a Ub : g] Y :] b Y] b Ya : 6] gg `Xi f WX hfYbbYb `_ Ubbž i b X : X] Y GUi WY X UfUi Z ``Y] WX h : Ub [Y_fi ghYh :] gh"$

: Øf'('DYfgcbYb'VYbÒh][h'a Ub'%&'a]hhY`[fc» Y'< Ø\bYf_Yi 'Yb'cXYf [fc» Y'CVYf_Yi 'Ybž'GU'nž'&'9@'[Yk ØfnhYg'7\]`]di 'j Yf'f7\]`]di 'j Yf a]h'? bcV`Ui W\di 'j Yfž'Nk]YVY`di 'j Yfž'[Ya U\`YbYa ?fYi n_Øa a Y`ž'[Ya U\`YbYa 'D]a Ybh'i bX'CfY[Ubcž'Yj h"'Ui W\H\ma]UbŁ'bUW\'dYfgÒb`]W\Ya '; YgW\a U\V_'[Ya]gW\h'[]Vh'Yg'UVYf Ui W\'U`g': Yfh][a]gW\i b[ž'%'9@'[YfÀi W\YfhYg'DUdf]_Udi 'j Yfž'- '9@ GYbZdi 'j Yf": Øf'X]Y'GUi WY'(\$\$'a ``?YhW\i d'f] cfni [gk Y]gY'6€Łž

) \$`V]g`+) `a``K Y]bYgg][ž') \$`a``K cfWYghYf!GUi WYž'``V]g`(`9@ VfUi bYf`Fc\fni W_Yfž'%'V]g`&`H@`A Y`UggY`cXYf`<cb][ž'&`H@ 9b[`]gWXYf`GYbZž'%'9@`7\]`]di`j Yfž'• `H@?fYi n_Øa a Y``[Ya U\`Ybž • `?bcV`Ui WXdi`j Yf`fbXYf`&`V]g`'`[YdfYgghY`?bcV`Ui WXnY\YbŁž gWXk UfnYb`DZYZZYf`i bX`HUVUgWc"bUWX`; YgWXa UW_"`5i »YfXYa 6i hhYf`cXYf`²``ZØf`X]Y`:cfa `i bX%&)`[`nYf`UqqYbY`6i hhYf"

8]Y ??Yi `Yb YbhVY]bYb ii bX fi bX\Yfi a '_fÀZh]['gU`nYb ' 'Y]bY Ghi bXY in]Y\Yb ``UggYb" 8 Ug '7\]`]di `j Yf a]h % '9@ GU`nž % '9@ DUdf]_Udi `j Yf ii bX 'XYa 'GYbZdi `j Yf j Yfa]gW\Ybž 'XUbb 'X]Y '? Yi `Yb fi bX\Yfi a 'XUa]h Y]bfY]VYb ii bX 'ni [YXYW_h Y]b][Y 'Ghi bXYb 'fbXYf Ui W\Y]bYb '[UbnYb 'HU['`Ub[Ł'a Uf]b]YfYb ``UggYb' ''Y '`Àb[Yfž XYqhc 'VYqqYf"

Nk]gWXYbnY]h`]WX 'U``Y'Ni hUhYb'ZØf'X]Y'GUi WY']b'Y]bYb'HcdZ'ZØ``Ybž [i h'j YffØ\fYb'i bX'Ui Z_cWXYb'`UggYbž'XUbUWX'<]hnY ni fØW_bY\a Yb'i bX'&\$'A]bi hYb'_ÒWXY`b"'5V_Ø\`Yb'`UggYb'i bX bcWXa U`g'UVgWXa YW_Yb"

8]Y'a Uf]b]YfhYb'< Ø\bYf_Yi `Yb'gc'ni gUa a YbZU`hYbž'XUgg'X]Y
?Yi `Y'Y]bY'\ca c[YbY'i bX'?i [Y``V]`XYh"'8]YgY'?i [Y``a]h'XYf
gW\`ObYb'< Ui hgY]hY'bUW\`cVYb']b'[YZYhhYhY'A i ZZ]b!: cfa Yb'`Y[Yb"
A]h'5`i Zc`]Y'UVXYW_Yb'i bX']b'XYb'Ui Z'%(\$'; fUX'j cf[Y\Y]nhYb
C ZYb'gW\]YVYb"'() 'V]g'*\$A]bi hYb'[UfYb'`UggYb'fUV'i bX'ni
_cbhfc``]YfYb'cV'U``Yg'dUgghŁ"

BUWN '9bXY'XYf'; UfnY]h'X]Y': cfa 'Ui g'XYa 'C ZYb'bY\a Ybž'XYb 6fUhYbgUZh'Ui g'XYb': cfa Yb'a]h'Y]bYa '@ÒZZY`'\YfUi gbY\a Yb'i bX]b'Y]bYa '; YZÀ» 'dUfUh'\U`hYb"'8Ug': `Y]gW\'Yhk Ug'UV_Ø\`Yb'`UggYb" 8Yb'6fUhYbgUZh'a]h'XYf'nYf`UggYbYb'6i hhYf'i bX'&'V]g'' '9@'GUi W'j YffØ\fYb'i bX'X]Y'cVYfY'< Ui hgY]hY'XYf'?Yi `Yb'XUa]h'j cfg]W\h][Y]bghfY]W\Yb"'C ZYb'fbXYf'bcW\'VYggYf.'?i [Y`[f]``\L'Ui Z'&\\$'; fUX Ui Z\Y]nYb'i bX'X]Y'?Yi `Yb'gc'`Ub[Y'k Y]hYf[UfYb'V]g'X]Y'GUi W''Ui Z XYf'<Ui h'`Y]W\h_fi gh][']gh"'A]h'XYf'fYgh`]W\Yb'GUi W''U`g'8]dd Ui Zh]gW\Yb"

6 Ygi WX Yb 'G]Y 'i bg 'Ui Z. 'Z`Y]gWX i b X Wc "Uh