

Gesunde Wurst

An der Hochschule Anhalt im deutschen Bundesland Sachsen-Anhalt wurde ein Fleischprodukt entwickelt, das mit Heilkräutern gewürzt, fett- und salzreduziert ist.



...

8]Y'; YZØ[Y`k i fghž`gU`nfYXi n]Yfh'i bX`[Yk Øfnh'a]h'<Y]`dZUbnybž
k]fX`]b`XYb':]]U`Yb`XYf': `Y]gW!`i bX`K i fghk UfYbdfcXi _h]cb
6YfbVi f[ž`_i fn': @9DFCž'i bhYf`XYa `BUa Yb` Dfc'; Ygi bX`Y]h
VYfY]hg`j Yf_Ui Zh"9]bY`K i fghgcfhY`]b`j]Yf'; YgW`a UW_gf]W`hi b[Ybž
A Y`]ggY!`?cf]UbXYf!8]`ni a `6Y]gd]Y`cXYf'?Øa a Y`!5b]g!: YbW`Y`ž
a]hj]Y`Y]W`h'gc[Uf`Y]`YbXYfž'a]bXYghYbg`UVYf`j cfVYi [YbXYfž
K]f`_i b[`VY]`A U[Yb!8Ufa `!9f`_fUb`_i b[Yb"9b`hk]W_Y`h`Uh`X]Y
FYnYdhi f`X]Y`5fVY]hg[fi ddY`@YVYbga]hY`!`i bX
9fbÀ\fi b[gZc fgW`i b[`XYf`<cW`gW`i `Y`5b`U`h]b`6YfbVi f["

8Yf': UW`VYfY]W`@UbXk]fhgW`UZhž`2 _chfcd`c`c[]Yž

@UbXgWkUZhgybtk]W_`i b[`XYf`<cWkgWi `Y`5b\U`hž`ni `XYa `X]Y
: cfgWYf[fi ddY`i a `XYb`DfcZYggcf`ZØf`@YVYbga]hhY`hYWkbc`c[]Y
K c`ZfUa `GWkbÅW_Y``[Y\Øfhž`k]Xa Yh`g]Wk`H\Ya Yb`fi bX`i a
BU`fi b[ga]hhY``i bX`]\fY`DfcXi _h]cb`"J YfVfUi Wkgghi X]Yb`[Y\ØfYb
XUni ž`DfcnYggcdh]a]Yfi b[`VY]`XYf`<YfghY``i b[ž
DfcXi _hYbtk]W_`i b[`i bX`A Uf_Yh]b["`A Ub`_ØbbhY`X]Y
K]ggYbgWkUZhYf`Ui Wk`U`g` 9fZ]bXYf`VYnY]WkbYbž`ja a Yf\]b`a UWkh
X]Y`?fYUh]cb`bYi Ufh][Yf`@YVYbga]hhY``Y]bYb`HY]`]\fYf`5fVY]h`Ui g`
8Yf`GWk Yfdi b_h`]Y[h`XUVY]`VY]a `: `Y]gWkž`]\fYa
<Ui dhZcfgWk i b[g[YV]Yh`

5`g`a Ub`g]Wk`XYa `H\Ya U` [Ygi bXY`K i fgh`bÅ\YfhYž`gU[h
DfcZYggcf`K c`ZfUa `GWkbÅW_Y`ž`\UVY`a Ub`g]Wk`ni bÅWgh`a]h
Zi b_h]cbY``Yb`@YVYbga]hhY`b`VYgWkÅZh][hž`Y]b`gWkcb`gY]h`Åb[YfYa
VYghY\YbXYfž`[YgY``gWkUZh]WkYf`HfYbX`\]b`ni `ZYhh`i bX
gU`nfYXi n]YfhYf`?cgh`U`gc`" 8]Y`A]hUfVY]hYf`\UVYb`g]Wk`ØVYf`Y[hž
k]Y`g]Y`U``Y`[Ygi bX\Y]hgZØfXYfbXYb`9ZZY_hY`_ca V]b]YfYb`i bX
bcWk`Y]bYb`XfUi ZgYhnYb`_ØbbYb`" `K Ug`gWk`]Y»`]Wk`[]dZY`hY`]b`XYf
: fU[Y.`?Ubb`a Ub`<Y]`_fÅi hYf`Ub`GhY``Y`j cbh`; Yk ØfnYb
Y]bgYhnYb3`I bX`k Ybb`Už`k Y`WkY3` K]f`\UVYb`?fÅi hYf`a]hY]bYf
dcg]hj Yb`K]f_i b[`Ui ZXYb`A U[Yb!8Ufa`!HfU_h`]XYbh]Zn]Yfhž`\UVYb
g]Y`]b`; Yfi Wk`i bX`; YgWka UW_`[YhYghYh`i bX`Y]b[Y[fYbnh`
K c`ZfUa `GWkbÅW_Y``gU[hž`XUgg`X]Y`Y]b[YgYhnhYb`; Yk ØfnY
gÅa h`]Wk`Y]bYb`a YX]n]b]gWk`bUWk[Yk]YgYbYb`dcg]hj Yb`9]bZi gg
Ui ZXYb`J YfXUi i b[ghfU_h`\ÅhYb`i bX`]b`Y]bYf`UbYf_UbbhYb
Dcg]hj`]\ghY`XYg`9I dYfhYbUi ggWk i ggYg`ZØf`dZUb`n`]Wk`Y`5fnbY]a]hhY`
XYf`9i fcdÅ]gWkYb`5fnbY]a]hhY`U[Ybhi f`gck]Y`XYf
K Y`h[Ygi bX\Y]hgc f[Ub]gUh]cb`Ui Z[YZØ\fh`g]bX`"8]Y`Y]b[YgYhnhY
A Yb[Y`j cb`?Øa a Y`ž`5b]gž: YbWkY`cXYf`⊖[k Yf`i bX`UbXYfYb
?fÅi hYfb`]gh`gc`\cWkž`XUgg`X]Y`dfÅj Ybh] Y`K]f_i b[`[UfUbh]Yfh`]gh
VY]`Y]bYa`J YfnY\fž`j cb) \$`; fUa a`K i fgh`dfc`HU["

⇒ @UVcf`U`gc`k i fXY`XUg`: `Y]gWkdfcXi _h`Ybtk]W_Y`hž`]b`_`Y]bghYb
A Yb[Yb`"8]Y`: YhfhYXi _h]cb`k i fXY`Xi fWk`X]Y`J Yfk YbXi b[`j cb
; YZØ[Y`!`ghUhh`GWk Y]bYZY]gWk`YffY]Wk`hž`GcbbYbV`i a YbØ`Ub
GhY``Y`j cb`GWk Y]bYZYhh`k i fXY`]b`hYWkbc`c[]gWk`bch`k YbX][Yb
A Yb[Yb`ni [YgYhnhž`GU`n`fYXi n]Yfh`" 8 Ug`k Uf`XUg`[fØ»`hY`DfcV`Ya`"
%ž`DfcnYbh`?cWkGU`n`g]bX`bcWk`]b`XYf`K i fgh`Ybh`U`hYbž`ØV`]Wk

g]bX`%ž `DfcnYbh" `A Y\ f\ UVY`a Ub`b]W\h`fYXi n]YfYb`_ÖbbYbž`gU[h
K c`ZfUa `GW\ bÄW_Y`ž`k Y]`GU`n`ZØf`XYb`Ni gUa a Yb\U`h`XYf
Y]bnY`bYb`6YghUbXhY]`Y`i bX`XUa]h`Ui W\`ZØf`X]Y`GW\ b]hhZYgh][_Y]h
XYf`K i fgh`gcf[Y"

B UW\`XYf`DfcXi _h]cb`ja `@UVcf`ØVYfbU\ a `X]Y` : @9DF C`ni bÄW\gh
X]Y`_Y]bhYW\ b]gW\Y`< YfghY``i b[ž`i bX`Yg`k i fXY`ni f`J Yf`cghi b[
[Y`UXYb``A Y\ f`U`g`' \$\$`A ÄbbYf`i bX` : fUi Yb`VYk YfhYhYb`X]Y
?fYUh]cbYbž`U`g`Ua `VY`]YVhYghYb`Yfk]Yg`g]W\`XUVY]`X]Y
?ca V]bUh]cb`j cb`?Øa a Y`ž`?cf]UbXYf`i bX`?UfXUa ca ``8]Y
6fØ\k i fgh`k i fXY`XUbb`j cb`XYf` : @9DF C`ja `[fc»Yb`Gh`
dfcXi n]Yfhž`gY]h`C ghYfb`j Yf[Ub[YbYb`ſ\`fYg`]gh`g]Y`ni `_Ui ZYb``8]Y
5VgUhnU\`Yb`g]bX`[i h"

.

6Ygi W\Yb`G]Y`i bg`Ui Z.`Z`Y]gW\i bXWŁ"Uh