

Gesunde Wurst

An der Hochschule Anhalt im deutschen Bundesland Sachsen-Anhalt wurde ein Fleischprodukt entwickelt, das mit Heilkräutern gewürzt, fett- und salzreduziert ist.



...

8]Y'; YZØ[Y`k i fghž'gU`nfYXi n]Yfh'i bX'[Yk Øfnh'a]h< Y]`dZUbñYbž
k]fX'[b'XYb':]]U`Yb'XYf': `Y]gW!`i bX'K i fghk UfYbdfcXi _h]cb
6YfbVi f[ž_i fn': @9DFCž'i bñYf'XYa 'BñJa Yb' Dfc'; Ygi bX\Y]h
VYfY]hg[j Yf_Ul Zh'9]bY'K i fghgcfhY]b[j]Yf'; YgW a UW_gf]W hí b[Ybž
A Y`]ggY!?cf]UbXYf!8]``ni a '6Y]gd]Y`cXYf'?Øa a Y`!5b]gl: YbW Y`ž
a]h{j]Y``Y]W h'gc[Uf'\Y]`YbXYfž'a]bXYghYbg'UVYf'j cfVYi [YbXYfž
K]f_i b['VY]'A U[Yb!8Ufa !'9f_fUb_i b[Yb"!9bhk]W_Y`h'\Uh'X]Y
F YnYdhi f'X]Y'5fVY]hg[fi ddY '@VYbga]hhY`!`i bX
9fbÀ\fi b[gZcfgW i b['XYf'<cW gW i `Y'5b\U'h]b'6YfbVi f["
8 Yf': UW VYfY]W '@UbXk]fhgW UZhž'2 _chfc d\c`c[]Yž

@UbXgWUZhgYbh]W_i b['XYf < cWgWi 'Y'5b\U'hžni 'XYa 'X]Y
: cfgWYf[fi ddY i a 'XYb 'DfcZYggcf'ZØf '@VVYbga]hhY`hYWbc'c[]Y
K c`ZfUa 'GWbÀW_Y`[Y\Òfhžk]Xa Yh'g]W 'H\Ya Yb'fi bX'i a
B U\fi b[ga]hhY`i bX']\fY 'DfcXi _h]cb"J YfVfUi Wgghi X]Yb [Y\ÒfYb
XUni ž DfcnYggcdh]a]Yfi b['VY]XYf < YfghY`i b[ž
DfcXi _hYbhk]W_i b['i bX'A Uf_Yh]b["A Ub'_ÒbbhY'X]Y
K]ggYbgWUZh`Yf'Ui W 'U'g' 9fZ]bXYf 'VYnY]W bYbž]a a Yf\]b'a UW h
X]Y ? fYUh]cb 'bYi Ufh][Yf '@VVYbga]hhY`Y]bYb'HY]'\fYf'5fVY]h'Ui g"
8Yf'GWk Yfdi b_h]Y[h'XUVY]VY]a : 'Y]gWž]\fYa
< UI dhZcfgW i b[g[YV]Yh"

5`g'a Ub'g]W 'XYa 'H\Ya U' [Ygi bXY'K i fgh 'bÀ\YfhYž'gU[h
DfcZYggcf'K c`ZfUa 'GWbÀW_Y`ž\UVY'a Ub'g]W ni bÀWgh'a]h
Z b_h]cbY`Yb '@VVYbga]hhY'b 'VYgWÀZh][hžY]b'gWcb'gY]h'Àb[YfYa
VYghY\YbXYfž[YgY`gWUZh]W Yf'HfYbX'\]b'ni 'ZYhh' i bX
gU`nfYXi n]YfhYf? cgh'U'gc" 8]Y'A]hUfVY]hYf'\UVYb'g]W ØVYf'Y[hž
k]Y'g]Y'U'Y[Ygi bX\Y]hgZØfXYfbXYb'9ZZY_hY'_ca V]b]YfYb'i bX
bcW 'Y]bYb'XfUi ZgYhnYb'_ÒbbYb" 'K Ug'gW`Y»`]W '[]dZY'hY]b'XYf
: fU[Y. ? Ubb'a Ub'<Y]_fÀi hYf'Ub'GhY`Y'j cbh; Yk ØfnYb
Y]bgYhnYb3'l bX'k Ybb'Užk Y'W Y3' K]f'\UVYb'?fÀi hYf'a]h'Y]bYf
dcg]h]j Yb'K]f_i b['Ui Z'XYb'A U[Yb!8Ufa !HfU_h]XYbh]Z]n]Yfhž'\UVYb
g]Y']b'; Yfi W i bX'; YgW a UW_[YhYghYh'i bX'Y]b[Y[fYbnh'
K c`ZfUa 'GWbÀW_Y`gU[hžXUgg'X]Y'Y]b[YgYhnYb'; Yk ØfnY
gÀa h]W 'Y]bYb'a YX]n]b]gW bUW [Yk]YgYbYb'dcg]h]j Yb'9]bZi gg
Ui Z'XYb'J YfXUi i b[ghfU_h'\ÀhhYb'i bX']b'Y]bYf'UbYf_UbbhYb
Dcg]h]j `]ghY'XYg'9I dYfhYbUi ggW i ggYg'ZØf'dZUbn']W Y'5fnbY]a]hhY'
XYf'9i fcdÀ]gW Yb'5fnbY]a]hhY'U[Ybhi f'gck]Y'XYf
K Y'h[Ygi bX\Y]hgcf[Ub]gUh]cb'Ui Z[YZØ\fh'g]bX"8]Y'Y]b[YgYhnY
A Yb[Y'j cb'?Øa a Y'ž5b]gž: YbW Y`cXYf'þ[k Yf'i bX'UbXYfYb
?fÀi hYf']gh'g'cWž'XUgg'X]Y'dfÀj Ybh]j Y'K]f_i b['[UfUbh]Yfh'gh
VY]Y]bYa 'J YfnY\fžj cb) \$; fUa a 'K i fgh'dfc'HU["

=a '@UVcf'U'g'k i fXY'XUg': 'Y]gW dfcXi _h'Ybhk]W_Y'hž]b'`Y]bghYb
A Yb[Yb'8]Y': YhhfYXi _h]cb'k i fXY'Xi fW 'X]Y'J Yfk YbXi b['j cb
; YZØ[Y'! ghUh'GWk Y]bYZY]gW 'YffY]W hž'GccbYbV'i a YbØ'Ub
GhY`Y'j cb'GWk Y]bYZh'k i fXY']b'hyWbc'c[]gW 'bch'YbX][Yb
A Yb[Yb'ni [YgYhnžGU'n'fYXi n]Yfh' 8Ug'k Uf'XUg'[fØ» hY'DfcV'Ya "
%ž 'DfcnYbh?cWgU'n'g]bX'bcW ']b'XYf'K i fgh'Ybh\U'hYbžØV']W

g]bX.%ž. 'DfcnYbh" 'A Y\ f' \UVY'a Ub'b]W h'fYXi n]YfYb _ ØbbYbžgU[h
K c`ZfUa 'GW bÀW_Yžk Y]`GU'n'ZØf'XYb Ni gUa a Yb\ U'h'XYf
Y]bnY'bYb '6YghUbXhY]`Y i bX'XUa]h'Ui W 'ZØf'X]Y 'GW b]hhZYgh][_Y]h
XYf'K i fgh'gcf[Y"

B UW 'XYf'DfcXi _h]cb ']a '@UVcf'ØVYfbU\ a 'X]Y : @9DF C 'ni bÀW gh
X]Y '_`Y]bhYW b]gW Y < YfghY ``i b[ži bX'Yg'k i fXY'ni f'J Yf_cghi b[
[Y`UXYb" 'A Y\ f'U'g" \$\$ 'A ÀbbYf'i bX' : fUi Yb 'VYk YfhYhYb 'X]Y
?fYUh]cbYbžU'g'Ua 'VY']YVhYghYb 'Yfk]Yg'g]W 'XUVY] 'X]Y
?ca V]bUh]cb 'j cb ?Øa a Yž?cf]UbXYf'i bX?UfXUa ca "8]Y
6fØ\k i fgh'k i fXY'XUbb 'j cb 'XYf': @9DF C ']a '[fc» Yb 'Gh]'
dfcXi n]YfhžgY]h'c ghYfb 'j Yf[Ub[YbYb 'j fYg'g]gh'g]Y'ni '_Ui ZYb"8]Y
5VgUhnnU\ 'Yb 'g]bX '[i h"

6Ygi W Yb 'G]Y 'i bg'Ui Z 'ZY]gW i bXW "Uh